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OTTAWA JEWISH

December 14, 1990

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BULLETIN & REVIEW

1,000 a day; 1 million a day

This is the incredible number of Soviet Jews reaching Israel.
1,000 a day through Operation Exodus!

In 1990, 150,000 will arrive!

In 1991, 150,000 will probably arrive in the first quarter!

We are living in historic times. You and I are a part of the greatest migration
of Soviet Jews in Jewish history.

We must continue to help them.

At \$1,000 per person for the flight to Israel this represents a cost of \$1 million
per day! The UJA is responsible for these flights to freedom.

I am appealing to you to give as much as possible to Operation Exodus. Please
send your payments in now.

In 1967 and 1973 we gave everything that we could. This emergency is no
less dramatic. Jewish lives are in danger. We must react NOW.

Millions of Jewish lives are in our hands.

We must not fail them.



Lionel Shinder
General Chairman, 1991
United Jewish Appeal/Operation Exodus



United Jewish Appeal
of Ottawa

OPERATION EXODUS



Vaad Report

PRESIDENT, OTTAWA VAAD HATIR
JEWISH COMMUNITY COUNCIL

FUNDRAISING

At the time of writing the Ottawa Jewish Community has pledged a total of approximately \$3.1 million toward "Operation Exodus". We are confident that we will be able to meet our commitments for the Soviet Jewish Emigration which is now exceeding all original predictions. On November 29, 3,000 new Olim arrived in Israel; over 100,000 have come to Israel during this historic migration. These massive numbers of immigrants who must be housed and settled into a new environment, depend upon the people of Israel and the Jews of the diaspora for help. Towards this objective Canadian Jewry (population 350,000) has raised approximately \$100 million (US); United States Jewry (population 5.5 million) has raised \$420 million (US). The "Russian Imperative" must be met.

At the same time, we must not forget our commitments to ongoing local programs such as education, social services, and services to the elderly. To date the local campaign which raises funds for both Israel and local needs stands at approximately \$3.0 million. It is essential that we meet our objective of \$3.5 million so that our local commitments can be met. PLEASE BE GENEROUS! YOUR HELP IS VITAL.

FUNDRAISING MORATORIUM

As a result of this community's projected requirements for a new Hillel Lodge, Jewish Community Centre, added educational facilities and especially Operation Exodus, the Jewish Community Council has placed a moratorium on all fundraising outside the "normal" community campaigns (UJA, State of Israel Bonds, Jewish National Fund).

ANY REQUESTS FOR MAJOR FUNDRAISING WITHIN THE JEWISH COMMUNITY OF OTTAWA MUST BE CHANNLED THROUGH THE MULTIPLE APPEALS CAMPAIGN COMMITTEE OF THE VAAD.

THE GENERAL ASSEMBLY

During the week of November 14th the General Assembly of Jewish Federations was held in San Francisco. All aspects of Jewish life is discussed during the numerous workshops and meetings held. The main subjects which permeated the Assembly were firstly, the Soviet Jewish Emigration and secondly the important relationship between Israel and the diaspora. Sessions dealing with fundraising and Jewish education are routinely discussed and this year was no exception.

The keynote address to the over 3,000 delegates was delivered by the President of Israel, Chaim Herzog. He was highly critical of the United Nations and the bias of the world in dealing with Israeli matters. In particular, he noted that the world body was always ready to chastise Israel and pass resolutions condemning Israel while paying little attention to atrocities, and wrongdoing in other parts of the world. He reminded the delegates of the deep Arab hostility to Israel and the failure of the world to recognize that hostile Arab governments continue to support and encourage terror and violence in order to undermine the State of Israel.

Mr. Herzog then went on to express Israel's disappointment at the lack of Jewish tourists in the State of Israel during this difficult period. He was particularly harsh on North American diaspora Jewry for cancelling trips to Israel which is safer than many large American metropolitan areas. The feeling of abandonment inherent in the marked decrease in tourism can only be overturned by a significant resumption of Jewish visitors to Israel.

THE CHEVRA KADISHA

Annually, during the month of Kislev, the members of the Ottawa Chevre Kadisha observe a special commemorative fast day which culminates with a special dinner. These very dedicated volunteers deserve the community's thanks, and praise and commendations for the work and Mitzvahs which they perform for bereaved families during the year. The tradition of community responsibility for burial services in Ottawa has been carefully nurtured and respected. The services are performed with dignity, sensitivity and with utmost attention to Halachic principle. To Mr. Sam Petigorsky (Gabbai Rishon) and all his members Yasher Koach.

R'FUAH SHLEMAH:

To Rabbi Saul Aranov (Beth Shalom) and to Rabbi Arnold Fine (Agudath Israel). The Jewish Community wishes both of you a speedy recovery.

**Please Pay Your UJA/Operation
Exodus pledge today!**

London Jewish Chronicle news analysis

Major's views on Israel unknown — likely no match to Thatcher's

LONDON (JTA) — British policy toward Israel is unlikely to change much under John Major, who has replaced Margaret Thatcher as prime minister.

But leaders of British Jewry seem to feel that no matter how friendly and attuned to Jewish concerns Thatcher's hand-picked successor may be, he will not be able to match the so-called "Iron Lady's" empathy with Jews, which is rooted in shared values.

The British government announced that it was renewing diplomatic relations with Syria immediately, but sources at the Foreign Office stressed there was no connection between the move and Thatcher's departure.

Opposed resumption

Thatcher had always opposed the resumption of relations, which were broken off in 1988 in the face of evidence of Syrian involvement in the abortive attempt to blow up an El Al airplane at London's Heathrow Airport.

Douglas Hurd, who is to remain foreign secretary in the new government, told Parliament that Britain had received a "confidential account" of the Syrian position on the attempt to blow up the plane, as well as "confirmation that Syria rejects acts of international terrorism and will take action against the perpetrators of such acts that are supported by convincing evidence."

The restoration of ties with Syria follows closely on President Bush's recent meeting in Geneva with Syrian President Hafez Assad. Both countries would appear to be shoring up ties with Damascus in appreciation for its support in efforts to isolate Iraqi President Saddam Hussein.

Top priority

The Persian Gulf crisis is likely to remain the top international priority of the British government under Major. Like Thatcher, he is said to favor focusing on the Israeli-Palestinian conflict only after Iraq withdraws its forces from Kuwait or is defeated in a military confrontation.

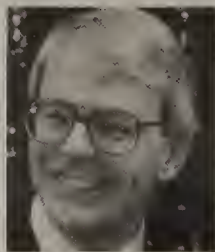
Major's stance on Israel is largely unknown. His stint at the Foreign Office, from July to October 1989, was too short to reveal clearly his views on the Jewish state and the Arab-Israeli conflict.

"We really do not know much of his thinking on the Middle East or what he feels about Israel," said a senior Israeli official here. "We will be waiting to see not only what positions Mr. Major adopts, but who he appoints to key foreign policy positions."

Short wait

The official will not have to wait long. Major was scheduled to meet Yitzhak Shamir when the Israeli prime minister passed briefly through London in early December en route to the United States.

Before he joined the Cabinet, Major visited Israel, as part of an official parliamentary delegation, and the West Bank, as a guest of Palestine Libera-



P.M. John Major

tion Organization leader Yasir Arafat. The Foreign Office is playing down the significance of this visit, saying he was one of a number of legislators who accepted the invitation.

The Foreign Office is also playing down reported sharp exchanges last year at the opening of the U.N. General Assembly between Major, then foreign secretary, and his Israeli counterpart at the time, Moshe Arens.

Opposed trials

On domestic issues, Major opposed Nazi war crimes trials in Britain by voting initially against the enabling legislation supported by the government. When the War Crimes Bill came up for a second reading in the House of Commons last March, Major failed to cast a vote either way. But parliamentarians observers pointed out that a number of prominent politicians, including Jews, opposed such trials in principle.

Regard with nostalgia

Regardless of how supportive for Jewish concerns Major turns out to be, his predecessor will be held in deep affection by British Jews. They already regard her tenure, the longest of any British prime minister in this country, with nostalgia.

The "Iron Lady" rarely shed tears in public. Jews recall one occasion, however, when a group of Soviet Jewish mothers described the agony of having their sons held captive in the Soviet Union. Profoundly moved, Thatcher listened and wept silently as they told their stories.

Open to Jews

During her incumbency, the doors of No. 10 Downing St. were always open to Jews from the Soviet Union and to delegations seeking to help them. Soviet Jewry campaigners were astonished by the persistence with which Thatcher pressed Soviet leaders to let their Jewish citizens leave if they wished to.

Before making an official visit to Moscow, the prime minister always asked for lists of current Jewish refuseniks and insisted on meeting with them. For this, she earned the disapproval of Mikhail Gorbachev, probably the only Soviet leader with whom she got along.

Some have attributed Thatcher's visible concern with an issue that profoundly troubled Jews during her decade in office to the sizeable "Jewish vote" in her Finchley North London constituency. But such a cynical view is derided by those who know her.

Thatcher herself traces her

sympathy for the Jewish people to a time just before World War II when Edith Muchvaer, an Austrian Jewish girl, wrote a poignant appeal for help. Muchvaer was the pen pal of the young Margaret Roberts' sister. After she wrote about the Nazi threat, the future prime minister's father, an alderman, invited her to stay with the family. It was then that Margaret learned at first hand about the tragedy unfolding for European Jewry.

When she was first elected to Parliament for Finchley, Thatcher paid 10 shillings — about \$1 — to be the first subscriber to the Anglo-Israel Friendship League and was elected its president.

Public tribute

In one of her earliest public tributes to the Jewish state, Thatcher maintained that "Israel has achieved more in the 16 years of her existence than most states achieve in a century."

Her secretary of state for Scotland, Malcolm Rifkind, once observed that Israel "is the very embodiment of Margaret Thatcher's own values — self-help and hard work." According to Rifkind, Thatcher and Israel share two characteristics: "stubbornness and enterprise."

The prime minister was an enthusiastic member of the Conservative Friends of Israel. She joined the Friends of Hebrew University and became a patron of the Tel Aviv University Trust.

Thatcher visited Israel both as an opposition leader and while in the government. She took genuine pleasure in the fact that her daughter Carol lived on a kibbutz for some time.

On her official visit to Israel in 1986, Thatcher was told by Shimon Peres, who was prime minister at the time, "Our people have taken you to their hearts."

Endorsed efforts

Her itinerary took her to Ashkelon, a coastal city heavily populated by immigrants. There she spiritedly endorsed the efforts of British Jews in the Joint Israel Appeal's Project Renewal.

Thatcher appointed a record number of Jews to Cabinet office. It is widely accepted that her political and moral outlook was shaped to a significant degree by two Jews: Lord Joseph and Lord Jakobovits.

Keith Joseph was her early political mentor. The policies that came to be known as "Thatcherism" might well have been labelled "Josephism."

Thatcher, an archconservative in politics and economic matters, made no secret of her admiration for the Jewish ethic of close family life, hard work, self reliance and initiative articulated by Lord Immanuel Jakobovits, the recently retired chief rabbi of Britain and the Commonwealth.

She was said to be perfectly happy with commentator Hugo Young's description of the chief rabbi as, "In effect, the spiritual leader of Thatcherite Britain."



Commentary

Cynthia Engel
EDITOR

Height is not his strong suit, but the moment he opens his mouth to speak the man who brings to mind a favored Zaide instantly becomes a force to be reckoned with.

Israel's Prime Minister Yitzhak Shamir was in New York last week to receive the Jabotinsky Award. He also used the occasion of his visit to address leaders and supporters of UJA and State of Israel Bonds before leaving for Washington to confer with U.S. President George Bush.

And he made time in his tight schedule to share a private, hour-long breakfast with selected members of the Jewish press on Monday, December 10 at eight a.m.

Journalists from the Jewish Telegraphic Agency (JTA) were present; from the London (England) Jewish Chronicle; from Boston and Los Angeles and points in between. And, through the good offices of the Embassy of Israel here, one lone Canadian — me — was honored to be among those who broke bread with Israel's P.M. that morning.

In total there were almost twenty of us seated around the beautifully appointed oval table in Room 4404 of the Park Lane Hotel overlooking Manhattan's Central Park. And, as we tucked into our repast of Novalox, cream cheese, eggs and bagel, Yitzhak Shamir spoke.

'The Gulf crisis is still simmering, on the verge of explosion. Israel is the one country that has been threatened explicitly by Saddam Hussein. Israel does not take this man's threats lightly and has taken taken measures to confront any move against it. But the Israelis are calm and confident. They know that Israel has the power and capacity to punish any aggression swiftly and heavily.'

We must think of the day after the crisis. We are ready and willing to resume the efforts toward achieving peace and stability with our Arab neighbours. Much depends, of course, on the outcome of the Iraqi aggression and its impact on the Arab world. But, we remain committed to the realization of our Government's peace initiative of May 1989, and we hope that the world will take into account the lessons of Saddam Hussein's behaviour; the identification of the PLO with his aggression; and Israel's concerns and advice on how to proceed in improving the situation in our part of the world.

But, despite the demanding obligations of security, we are busy all the time with the problem and challenge of the great Aliyah from the Soviet Union. We are now receiving olim at the rate of one thousand a day from the Soviet Union, from other countries in Eastern Europe, from Ethiopia and elsewhere.

We shall need forty billion dollars in the next three to five years to absorb these people — to transport them, to provide schooling for the children, to keep them in temporary accommodation and teach them Hebrew, to provide them with permanent housing and then — most difficult of all — to create the infrastructure that will generate hundreds of thousands of new jobs.

The sources of revenue that the Jewish people has for this enormous task are first and foremost, the people of Israel, who will bear the brunt of the financial burden. Israelis are being taxed at a rate unparalleled in any nation. Billions of shekels have been budgeted for this purpose this year, and the projection is double the sum next year. The Government has undertaken risk-sharing with the construction industry and developers from abroad, who will be building hundreds of thousands of new homes. Normally the biggest item in our budget is defence. Now, for the first time, absorption will take a bigger share than even before. But it's not nearly enough, so we naturally look to the Jewish people around the world.

The Russian Jews, the Ethiopian Jews, and the people of Israel must have the confidence that the entire Jewish people is mobilising its resources, its financial skills, and its dedication in order to ensure the speedy and successful integration of the million olim. My fondest dream is that five years from now, you will be able to visit us and you will see more than a million new Israelis, fully integrated, with permanent homes, with their children in schools and colleges, all of them ... fully employed, and all of them full-fledged Israelis — undistinguishable from all other Israelis.'

It's time to dig deep into our pockets — Yitzhak Shamir and Israel need all our help.

JSSA has a new name

The Board of Directors of the Jewish Social Services Agency is pleased to announce its decision to rename the Agency in order to better reflect its function within the community.

Henceforward, the Agency will be known as Jewish Family Services of Ottawa-Carleton, indicating its mandate to serve families in many ways, through its Student and Children's Services, its counselling program for individuals, couples and families, its Home Support Services for Seniors, its Immigrant Resettlement Program and its Family Life Education Workshops and Groups.

Jewish Family Services of Ottawa-Carleton looks forward to serving the community as it enters its second decade of service.

Organizational meeting held

Jewish War Veterans Post being formed

By Herman Roodman

A Jewish War Veterans Post is in process of formation for the National Capital Region. An organizational meeting was held on Thursday, November 1 at the home of Nat Levitin, with the following ex-servicemen in attendance: Matt Ages, Sam Ages, Jack Fogel, Harry Freedman, Mel Goldberg, Morris Konick, Nat Levitin, Paeel Miller, Phil Pinkus, and Herman Roodman.

Senator Jack Marshall, C.D. is the National Commander of the Jewish War Veterans of Canada. Similar Veterans Posts have been active in major cities

across Canada.

Letters of invitation are now being mailed to all known Jewish veterans in the Ottawa-Carleton Region. Any local veteran whose name may have been omitted from the list that has been compiled, is urged to contact Phil Pinkus at 235-2560 or Herman Roodman at 733-8383.

Nominating committee

A nominating committee will present the proposed slate of officers at the next meeting, scheduled to take place on March 13, 1991. The manifesto or purpose of the local Post, which are now being designed,

include the following goals: To maintain true allegiance to Canada; to combat whatever tends to impair the efficiency and permanency of our free institutions; to uphold the fair name of the Jew and fight his battles wherever unjustly assailed; to encourage the doctrine of universal liberty, equal rights, and full justice to all men and women; to honour the memory of those who gave their lives and shield from neglect the graves of our heroic dead.

Following the necessary approval, the complete manifesto of the Regional Post will be available for publication.



Hillel Girls Are Champs Again!

The Hillel Academy Grades 5 and 6 Girls' Soccer Team became City Champions for the second consecutive year in Division A, OBE Soccer Tournament under coaches Vivian Fizman and Dan Blum. The winning team, front row, left to right: Jillian Dolansky, Keren Eymann, Rachel Blum, Stacey Farber, Ilana Gould, Naomi Arron. Back row, left to right: Coach Fizman, Elizabeth Ross, Eva Melamed, Ruth Isserlin, Amy Boro.

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FOR FURTHER INFORMATION CONTACT THE SCHOOL
OFFICE AT 722-0020.

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CALL FOR CASH

November 29, 1990

HOTLINE SPECIAL

The incredible has happened. Since 6:00 p.m. last night until 12:00 p.m. tonight, 16 planes will have landed at Ben Gurion International Airport, carrying a total of 2,970 new immigrants on board. An unprecedented record! Excitement fills the air, as people listen to the radio news with disbelief written over their faces. It's too good to be true.

IMMIGRANT ARRIVALS BREAKDOWN:

28 November 1990

Budapest:

3 flights carrying a total of 504 immigrants on board.

Warsaw:

3 flights carrying a total of 451 immigrants on board.

Bucharest:

2 flights carrying 441 immigrants.

Addis Ababa (via Rome):

1 flight carrying 104 Ethiopian immigrants.

29 November 1990

Today's expected arrivals

Budapest:

4 flights carrying a total of 927 immigrants on board.

Warsaw:

2 flights carrying 213 and 130 immigrants respectively.

Bucharest:

1 flight carrying 200 new immigrants.

Fax just
received from
our office in
Jerusalem

PLEASE HELP!



United Jewish Appeal
of Ottawa

OPERATION EXODUS





From Soup to Nuts

By Donna Karlin

Exotic Thai Cuisine

Thai cuisine is one without equal. Not only are the dishes visually appealing with their bright colours, but have very different flavours that one could play around with. If you don't feel like plunging in and preparing all these dishes, try one at a time to experiment. Soon you'll find yourself experimenting more and more with this kind of food.

Lemon Chicken Pot Stickers (Dumplings)

- | | |
|---|------------------------------|
| 4 whole water chestnuts | 30 won ton wrappers |
| 2 green onions, cut up | Cornstarch for dusting |
| 1 pkg. frozen, chopped spinach, thawed and squeezed dry | 2 Tbsp. peanut oil |
| 1 lb. raw deboned chicken breast, coarsely chopped | Sauce: |
| 1 egg white | 1 tsp. grated lemon peel |
| 1 Tbsp. light soy sauce | 1/4 cup fresh lemon juice |
| 1/4 tsp. Chinese chili sauce | 3 Tbsp. sugar |
| 1 Tbsp. finely minced fresh ginger | 2 Tbsp. dry sherry |
| 2 tsp. grated lemon peel | 1 Tbsp. light soy sauce |
| 1 Tbsp. finely minced fresh ginger | 1/4 tsp. Chinese chili sauce |
| | 1/4 tsp. salt |

Mince water chestnuts and onions. Add spinach. Pulse ON/OFF 2cc to combine. Place in large bowl. Process chicken with egg white, 4-5 times ON/OFF until chopped and combined. Add to mixture in bowl. Add soy sauce, chili sauce, ginger and lemon peel. Mix well. Place 1 Tbsp. filling in centre of each wrapper and squeeze to seal. Place on a layer of waxed paper dusted with cornstarch. (Can be prepared up to 5 hours ahead and chilled). Combine all sauce ingredients and set aside. In 12" non-stick skillet, over high heat, fry dumplings in oil for 2 minutes until bottoms are deep golden. Add sauce, cover and steam for 2 minutes or until firm to the touch (lower heat to medium if too hot). Remove cover, increase heat again and fry, shaking pan to coat dumplings with sauce, until sauce is reduced, about 1 minute. Place 3 dumplings per person on a plate and garnish with chopped green onion.

Salmon In Ginger Butter Sauce

- | | |
|------------------------------------|-------------------------------|
| 4 - 1/2 lb. salmon fillets | 4 Tbsp. chopped fresh parsley |
| 6 Tbsp. dry sherry | 4 Tbsp. butter or margarine |
| 4 Tbsp. light soy sauce | freshly ground black pepper |
| 2 Tbsp. Oriental sesame oil | Salt to taste |
| 2 Tbsp. finely minced fresh ginger | 1 lemon |
- Combine sherry, soy sauce, sesame oil and ginger and rub over fillets. Sprinkle with parsley. Dot butter evenly over top. Preheat broiler to 550 degrees. Place salmon 4" below heat and broil for about 5 minutes until it turns pink and flakes easily with a fork. (Can also be steamed).

Spicy Thai Noodles

- | | |
|---|---------------------------------|
| 2 Tbsp. minced, roasted peanuts | Sauce |
| 1/3 cup finely chopped red pepper | 3 cloves garlic, finely minced |
| 1/4 cup finely chopped green onion | 1 Tbsp. peanut oil |
| 2 cups bean sprouts | 3 Tbsp. dry sherry |
| 2 eggs, well beaten | 3 Tbsp. light soy sauce |
| 1 Tbsp. peanut oil | 3 Tbsp. tomato sauce |
| Salt | 2 Tbsp. lime juice |
| 1/2 lb. Chinese-style spaghetti noodles, cooked al dente, drained well and placed in a large bowl | 2 Tbsp. light brown sugar |
| | 1 tsp. Chinese chili sauce |
| | 1 tsp. finely grated lemon peel |

In the oil, fry eggs, in 2 batches into pancakes. Cool, roll and cut into shreds. Set aside. For sauce, combine garlic with oil and set aside. In another bowl, combine the rest of the sauce ingredients. Set aside. Sauté garlic in the oil for about 30 seconds, in a small skillet, over medium heat. Add the rest of the sauce ingredients and bring to a low boil. Remove from heat. Add sauce to noodles. Add egg shreds, and bean sprouts and toss. Sprinkle with peanuts, red pepper and green onion, toss and serve.

Brussels Sprouts in Tangerine Sauce

- | | |
|---|------------------------------|
| 2 Tbsp. slivered almonds, toasted and chopped | 1 Tbsp. butter or margarine |
| 1-1/2 lbs. brussels sprouts, trimmed and steamed until tender | Sauce |
| 1 Tbsp. peanut oil | 1/2 cup tangerine juice |
| 2 cloves garlic, finely minced | 2 Tbsp. dry sherry |
| 1 tsp. grated tangerine peel | 1 Tbsp. light soy sauce |
| 2 Tbsp. cornstarch mixed with 2 Tbsp. water | 1 Tbsp. Oriental sesame oil |
| | 1/4 tsp. sugar |
| | 1/4 tsp. salt |
| | 1/4 tsp. Chinese chili sauce |

Add peanut oil to tangerine peel and garlic and set aside. In a small bowl, combine all sauce ingredients and set aside. Sauté garlic mixture in a hot wok. Sauté a few seconds, then add the sauce. Bring to a low boil and add some of the cornstarch mixture to lightly thicken. Add brussels sprouts and stir to coat well with sauce. Remove from heat and stir in butter. Sprinkle almonds on and serve at once.

Legislation promised Agudah has Israeli pig breeders squealing

JERUSALEM (JTA) — Israeli pig breeders, whose livelihood may be threatened by legislation promised to the Agudat Yisrael party by Prime Minister Yitzhak Shamir, are unhappy with proposals that would give the tref industry a year to phase out pork production and turn to other work.

Private breeders, Israel's pig lobby and members of the pig-raising Kibbutz Mizra staged a loud protest recently outside the Knesset. In the chamber, sympathetic members of the Knesset Interior Committee, a majority of that body, demanded that the industry be paid hundreds of millions of shekels in compensation if the anti-pig legislation goes through.

The law banning production and sale of pork in Israel is part of a package of strict legislation that Shamir promised the Agudah in exchange for its joining the coalition, which it did on Nov. 16. He also pledged legislation that would tighten already severe restrictions on abortion.

Two other strict laws demanded by the Agudah passed their first readings in late November, including one making illegal any "indecent" advertisements on billboards, and another enforcing the ban on all public transportations on Shabbat.

The shadow of the pig law has non-kosher restaurateurs in Tel Aviv vowing they will go to prison rather than stop serving pork, which some day accounts for more than half their business.

"Better 'white meat' on our plates than 'black' in our minds," a chorus of demonstrators chanted as the committee session, the sixth on the continuous issue, proceeded in the legislature.

"White meat" is an Israeli euphemism for pork because of its rather covert nature in Israel. "Black" is the disparaging term used to denote the Orthodox haredim.

The anti-pig law, which will

ban the breeding and marketing of pig everywhere except in Arab areas of the country, also enjoys support among non-Orthodox politicians who accept the argument that the pig is a symbol of non-Jewishness and not just a halachically forbidden species. But there is concern in Labor and Mapam for Kibbutz Mizra and other farms. Mizra has

over the years built up a multimillion-dollar pork industry, both for export and domestic consumption, and the kibbutz says it will be destitute if this is closed down by dint of the law.

Committee Chairman Yehoshua Matza of Likud said he felt the year's transition period is generous, and he opposed compensation.

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A story of moral and political courage

Begin and the plan to destroy Iraq's reactor

By Jason Maoz
NEW YORK (JTA) — Shortly after 5:30 p.m. on June 7, 1981, Israel saved the world from the threat of nuclear blackmail. In less than two minutes' time, 14 planes of the Israeli air force laid waste a nuclear reactor on the outskirts of Baghdad, and so deprived a madman of his potential for mass destruction. The world was outraged.

Voices that had been silent for years — as Iraq's brutal dictator Saddam Hussein courted the feckless nations of the West in his quest for nuclear bombs — were suddenly raised in a chorus of indignation.

Cause of peace
"We don't think (Israel's) action serves the cause of peace in the area," said French Foreign Minister Claude Cheysson, whose country had supplied the ill-fated reactor. "Provocative, ill-timed and internationally illegal," claimed Sen. Mark Hatfield (R-Ore).

"Armed attack in such circumstances cannot be justified; it represents a grave breach of international law," scolded British Prime Minister Margaret Thatcher.

Said a *New York Times* editorial, "Israel's sneak attack ... was an act of inexcusable and short-sighted aggression."

Time magazine informed its readers that Israel had "vastly compounded the difficulties of procuring a peaceful settlement of the confrontations in the Middle East."

Someone unfamiliar with the

machinations of international relations would be forgiven for wondering about all the uproar. Wasn't the act of preventing a ruthless tyrant from developing a nuclear arsenal a good thing? Hadn't Hussein earned his nickname of the "Butcher of Baghdad?" Wasn't he, at the very moment of the Israeli attack, almost a year into his bloody invasion of Iran?

The answer, it should be fairly obvious, lies with the source of the attack on the reactor: Israel. More specifically, the Israel of Menachem Begin.

For years after its establishment, Israel had the sympathy and support of the West's opinion-making elites. The democracies, stuck in a seemingly no-win cold war with the Soviet Union, admired Israel's fighting spirit, while Socialist governments and parties in non-Communist Europe felt a kinship with Israel's ruling Labor Party.

Reached crest

This widespread support reached its crest with the 1967 Six-Day War. The media in the United States and Europe virtually celebrated Israel's victory, huge demonstrations were held in Israel's support; and everyone from mayors to movie stars jumped on the Israel bandwagon.

Israel would soon learn, however, that the media giveth and the media taketh away. The portrayal of Israel in the media, so favorable in the years leading up to the Six-Day war, became increasingly critical thereafter.

To many journalists, Israel was no longer the underdog worthy of enlightened support, but rather a military colossus that refused to make peace with the weaker countries in the vicinity.

It was hardly surprising, then, that by the mid-1970s, the media's favorite descriptions of Israel were "intransigent" and "militaristic."

The "plight of the Palestinians" was "in," and Israel was definitely "out." Even the frequent terrorist operations carried out by the Palestine Liberation Organization and its offshoots did little to win back media support for Israel; the atrocities were invariably blamed on Israel's handling of the "Palestinian problem."

Americans not swayed

Despite the media's antagonistic treatment of Israel, polls showed that most Americans weren't swayed: a sizable majority still favored Israel over its Arab enemies.

And of course, Israel enjoyed the near-unanimous support of American Jews and the many influential Jewish organizations.

Then came Begin.

By 1977, Israel had been governed by the Labor alignment for 29 years. A series of corruption scandals involving Labor officials convinced a significant number of Israelis that a change was needed. The scandals only served to highlight a growing discontent among the electorate; the country seemed adrift and Labor had run out of answers.

Even so, the election of Menachem Begin on May 17, 1977, set off shockwaves, in Israel as well as the world.

The quintessential outsider in Israeli politics since his days as head of the underground Irgun in the 1940s, Begin was a man reviled by the Labor-dominated Israeli media. Aside from his right-wing politics, his very dress and demeanor set him apart from the first generation of Israeli leaders.

Reaction disbelief

The reaction of the American media to Begin's ascension was one of disbelief, followed by unrelenting hostility. The media in Western Europe were, if anything, even more critical than their American counterparts. Not even the peace treaty signed by Israel and Egypt in 1979 bought better press for Begin, who was portrayed as the "intransigent" (the word again) stumbling block to Anwar Sadat's noble quest for peace.

While the world media were preoccupied with Begin, one of Israel's antagonists was busy assembling a nuclear bomb factory. Iraq's first involvement with nuclear technology goes back to 1959, when the Soviet Union, looking to expand its influence in the region, agreed to provide Baghdad a reactor, enriched uranium and the necessary scientists and engineers.

After numerous delays — the Iraqis accused the Soviets of dragging their feet — the Russian reactor went operational in

1968. And while the Soviets upgraded the reactor's output in 1971 from two to five megawatts, they refused to supply any material that could be used to manufacture nuclear bombs.

By the early 1970s, Iraq was under the control of a veteran of political intrigue named Saddam Hussein. Officially second in command to General Ahmed Hassan-al Bakr, Hussein was, in reality, if not title, firmly in charge.

Described by those who knew him as "power-hungry to the point of insanity," Hussein destroyed all political opposition, raising the tactics of torture to an art form. His professed goal was to take up the mantle of the late Egyptian dictator Gamal Abdel Nasser as "leader of the Arab world."

Central to dream

Possession of nuclear weapons was central to Hussein's dream, but since the Soviets had, to their credit, turned Iraq down on that score for several years, the search was on for a country willing to deal. Fortunately for Hussein, his rap sheet of torture, bloodshed and megalomania meant nothing to the French in their desire to make a new friend, particularly one flowing with oil.

The years 1974 and 1975 saw a flurry of diplomatic activity and ceremonial visits between French and Iraqi officials. In

(Continued on page 8)

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Jewish Family Service

Elaine Rahin, MSW Executive Director



The Final Straw

By Elaine Rahin, MSW

Every once in awhile this office hears complaints, some of which I would like to share. I share these problems mainly because I share the frustration of the complainant, having walked in his/her shoes myself.

As I was an only child, born to parents who could actually have been my grandparents, I am now in the unfortunate position, along with many others, of not having parents. There's no one to share the laughter of the present as it relates to the cherished memories of the past. I too have had to cope with being a care-giver and know first hand the frustrations of "dealing with the system" in order to negotiate the services that should/ought to be available on request.

I know the anger of finding a sympathetic ear on the phone (and sometimes not so sympathetic), when the meal, drug request, homemaker, is not available today, next week or even for a month...because supply is less than demand creating the ever-present "waiting list." Those times that I requested the service, I and my family were in crisis — I needed that service on the day of the call — I did not want to hear about waiting lists, nor did I want to hear about priorities. I was focussed on my situation in my family — these were the priorities as far as I was concerned.

The anger comes out in many forms when the service is denied — abuse to the service provider, irritation with others not sharing the same burdens and concerns etc. Human nature being what it is, vindictiveness, retribution and all other forms of negative thoughts well up.

What has this to do with the Jewish Family Service? — everything — because out there as I write, there are individuals in need of a service — Kasher Meals on Wheels for example — individuals who have never asked anything of the community before, good people who have given to the community not taken from it — these are people who need the meal today — but are told "there's a waiting list"; "we cannot service your area — sorry no drivers to Kanata"; "is your relative strictly kosher"....etc. The frustrated caller, feeling victimized by his own situation then begins to think of ways to seek justice — "I will not give another dime to UJA"; "I will never staff that bingo again"; "if you think I'm going to spend time visiting at Hillside Lodge" etc. etc.

There are no easy answers — no ready solutions. This agency, along with all others that offer services, has only so many resources — so many people, so much money. Those resources, be they staff or volunteer, need to be nurtured; they are not responsible for the gaps in service or the lack of funds, or the reality that, as in the case of meals — the limit per day is 25.

Again, using meals as the example — the Lodge, which prepares these excellent meals, has 47 residents — it is therefore taxing the capacity of the Lodge to add another 25 meals per day, considering the kitchen was built for 50 residents only!

To close, this explanation is not an excuse, but it is a plea for understanding for all those agencies out there who are trying to please the consumer. You are right to believe you have an entitlement, and we will try to accommodate it, but please also understand that there is only so much we can do with the resources we have. Any suggestions, any more volunteers — all will be welcomed. Thank you for reading this.

Hanukkah Party for Newcomers

A Hanukkah party was held in the Social Hall of the Jewish Community Centre on Sunday, December 9, at 2:00 p.m., as part of a program to help immigrant newcomers become acquainted with Ottawa and the Jewish community.

Details of the program were planned and carried out by a group of volunteers in conjunction with Jewish Family Services. The group was organized in late summer to ease the adjustment into the community for some fifty refugee and immigrant families that have come to Ottawa within the past two years.

Refreshments for everybody and gifts for all the children were provided.

The entire community is grateful to a number of individuals and organizations for the success of this event: to the volunteers who have given time, energy and direction to the entire program; to B'nai Brith Women, who have once again provided gifts; to B'nai Brith Parliament Lodge, which made a generous donation for gifts; to How Sweet It Is, which supplied chocolate coins for Hanukkah gelt; to Na'amat Pioneer Women, who contributed children's books; and to the several families who forwent gifts for themselves to buy gifts for the children.

Begin and the Iraqi reactor

(Continued from page 7)

1974, France's foreign minister, Michel Jobert, went to Baghdad and pledged any assistance Iraq might need to build up its technological infrastructure. "I am happy," said Jobert at the conclusion of his visit, "that your great country will now have the means to restore its past glory."

Not long after that, France agreed to build an Osirak reactor for the Iraqis — for "research" purposes only, both countries claimed.

Hot cell

"Research" was, of course, not in the plans of Hussein, who went about the business of procuring a "hot cell," a piece of equipment that, in the words of Newsweek magazine, "could enable Iraq to develop weapons-grade plutonium."

The government of Italy was more than happy to sell Hussein his badly needed "hot cell," and only the blind or the French could not see what Iraq had in mind.

Meanwhile, Israel had been keeping a wary eye on Iraq's nuclear ambitions, and when Menachem Begin took office in the spring of '77, he stepped up behind-the-scenes diplomatic efforts to prevent the Iraqis from becoming a nuclear threat.

The United States was Begin's best hope, but the Carter administration, for all its talk of wanting to stop the spread of nuclear weapons, was less than energetic in pursuing the matter. As late as 1980, President Carter was reported to have said that he had no intentions of imposing U.S. views on countries with nuclear capabilities.

Pressures brought to bear

As Israel's diplomacy floundered, pressures of a different sort were brought to bear against Iraq's nuclear program. In April 1979, just days before the French were scheduled to ship the nearly-completed reactor to Iraq, saboteurs infiltrated a warehouse near the port of Toulon and attempted to blow up the reactor's core. The damage, however, was relatively minimal.

Fourteen months later, the head of Iraq's nuclear program was killed in his Paris hotel room. Israeli agents were widely believed to be responsible for both acts.

The sabotage and assassination notwithstanding, work continued as planned on the Osirak reactor. By the autumn of 1980, Menachem Begin saw no alternative to direct Israeli

military action. The only question remaining was when exactly the raid would take place. Begin postponed the attack several times in the face of opposition from some of his own cabinet members, who worried about U.S. response.

For his part, Begin expected a sharp reaction from Washington, maybe even a U.S. vote to condemn Israel at the United Nations. But it would amount to so much window dressing, he thought; the U.S.-Israel relationship would remain solid. Ronald Reagan

was the new American president, and Begin regarded him and his secretary of state, Alexander Haig, as warm friends of Israel.

It was now the spring of 1981, and as Begin braced himself for the final decision to strike at Iraq, he had one more headache to contend with. He had informed the leader of the Labor opposition, Shimon Peres, of the top-secret plan to attack the reactor. The response was predictable: Peres was against it. Begin thus knew the

(Continued on page 10)

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CJC Fact Finding Mission

Even without Jews Polish anti-Semitism survives

By Moshe Ronen

As we stood on the grounds of the Auschwitz-Birkenau death camp in Poland recently my legs went numb. Mere words cannot describe the feeling. Here was a place where more than three million Jews were slaughtered for the simple reason they were Jewish. An entire population was destroyed.

When Canadian Jewish Congress undertook a fact-finding mission to Eastern Europe recently, Auschwitz-Birkenau was one stop on the itinerary we felt we had to make. I knew very well of the tragic history behind this place of human extermination. I spoke to people who have visited the site over the years after the Holocaust. The impact this had on participants on the March of the Living was especially telling. But there was something more personal to me. My father, Mordechai, is a survivor of the Holocaust. He was a prisoner at Birkenau, transported there along with most Hungarian Jews. His parents and sister — my grandparents and aunt — were murdered there. This fact has haunted me for all of my 31 years. Suddenly I was there and it wasn't easy. I had just walked by the same front gate through which my father had arrived more than 45 years earlier.

My friends and colleagues, Jack Silverstone of Montreal,

Marjorie Blankstein of Winnipeg, Allan Pollack of Israel, and I met with the director of the Auschwitz Museum and we were given a special intensive visit of this facility of destruction. We moved quietly from one barracks to another, feeling tense emotion. At one point we walked into a room and on one side, the hair of 30,000 people was displayed. On the other side, there were hundreds of shoes, shoes of children, even babies. Some of us could no longer contain our emotions. Later, at the remnants of the Birkenau death factory I led our group in a memorial ceremony, "Kel Maleh Rachamim." We lit six yahrzeit candles.

We were then taken to the site of the Carmelite convent. In 1984 the Carmelite sisters occupied the premises used by the Nazis to store Zyklon-B poison gas used for exterminations. Given the fact that this building is located within the Auschwitz perimeter, with the structure looming over the barracks, this resulted in international Jewish protests. Josef Cardinal Glemp of Poland inflamed the delicate situation by issuing a statement redolent with classical anti-Semitism, claiming that Jewish protesters at Auschwitz intended to murder the Carmelite sisters and that Jews control the international media. While an accord to move the convent

was eventually signed in Geneva in 1987 by World Jewish Congress (Europe) and four Cardinals, nothing of practical substance was being done. After protests continued around the world, it was agreed last year to construct a new facility in the immediate area further away from the actual death camps. While in Poland we were told by the minister of culture that the new building is expected to be ready by the end of 1991.

It is vile and even criminal to deny the Holocaust ever took place or state that it was exaggerated. A visit to a death camp brings that point home clearer than I ever thought possible.

The debate which arose as a result of the Carmelite convent issue only appeared to heighten anti-Semitic tendencies in a country which has proven that you don't need a Jewish population for there to be anti-Semitism. Before the Holocaust, Poland had more than three million Jews. Today a mere few thousand remain.

Immediately after the war, Jews who survived in Poland and those repatriated from the Soviet Union totalled nearly 250,000. Many simply did not wish to stay. By 1947 the Jewish population dropped to about 100,000. Within ten years, that figure was cut by two-thirds. Nobody has an exact figure regarding today's population. It ranges from 2,000 to 6,000, split among Warsaw, Breslau, Cracow and Lodz and other small towns in the country. However, one fact we do know is that this population is rapidly aging. The average age is 70.

It is absolutely mind-boggling that a country which today has such a tiny Jewish population can be subjected to any degree of anti-Semitism. Even during the campaigning for the elections in Poland, anti-Semitism became a political issue. On the positive side, Poland restored full diplomatic relations with Israel last March and it now serves as one of the key transfer points for Soviet Jews going to Israel. In our many meetings with government officials there, we sensed a degree of sensibility to our concerns, particularly in a meeting with Polish judges and the attorney general. They are drafting a new criminal code which we suggested should include anti-hate legislation similar to the kind that presently exists

in Canada.

Auschwitz and Birkenau are tangible examples of the atrocities that were committed against the Jewish population. You can read about it. You can talk to people who experienced such a tragedy. But being there has a significant impact. For myself, as a leader of a Jewish organization in Canada, it was exceptionally moving. To stand on the grounds, where my father was near death and where my family was slaughtered because they were Jewish, has made me more determined than ever to combat today's racists and neo-Nazis who are poisoning our society with their venom. It is so terribly sad that today, when eyewitnesses who experienced the greatest tragedy of modern history are still alive among us to tell their stories, so-called "revisionist historians" are denying the very fact the Holocaust happened.

There is no place in our society for people like Malcolm Ross, Ernst Zundel and David Irving. It is vile and even criminal to deny the Holocaust took place or state that it was exaggerated. A visit to a death camp brings that point home clearer than I ever thought humanly possible.

Moshe Ronen is chairman of the Canadian Jewish Congress National Executive Committee.

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Begin and the plan to destroy Iraq's reactor

(Continued from page 8)

raid would bring a harsh reaction not only from the outside world, but from within Israel as well.

Clouding the whole scenario even further was the matter of the Israeli election to be held in just a few weeks. Begin was running for re-election against Peres, and the race was considered too close to call.

Begin knew he would be

accused of staging the raid to help get himself re-elected. But he had an even greater fear, one that convinced him of the need to act before the election — and a possible Peres victory. "He really believed that Peres would never have the guts to order the raid," said a Begin aide. "And Begin couldn't bear the thought of Israel living in terror of an Iraqi bomb."

There would be no more postponements. In the early afternoon hours of Sunday, June 7 — the eve of Shavuot — Israeli pilots went through one last rehearsal, and just after 4 p.m. the planes took off from an air base in the south of Israel. The flying armada consisted of eight F-16s, each carrying two 2,000-pound bombs, and six F-15s forming a protective umbrella.

Begin summoned the members of his Cabinet to his home in Jerusalem. "Welcome, my friends," he greeted the assembled group. "At this very moment, our planes are approaching Baghdad."

Received message

Less than 90 minutes later, Begin received the message he was waiting for: the operation was a total success and the Israeli planes were on their way home.

"Baruch Hashem" (Thank God), exclaimed the prime minister, "what wonderful boys we have!" Begin's wonderful boys had flown hundreds of miles through Arab airspace without detection and, dropping 16 tons of TNT, crushed the reactor's dome and flattened the main building. "The precision of the bombing was stupefying," said a French technician who viewed the wreckage.

Atmosphere of celebration

In Israel, news of the raid created an atmosphere of celebration not unlike the euphoria felt after the 1976 hostage rescue at Uganda's Entebbe airport. As expected, the Labor opposition was highly critical, but that criticism was toned down somewhat as Peres and his colleagues recognized how out-of-step they were with the typical Israeli voter.

The United States reacted much the way Begin thought it would. The Reagan administration voted to condemn Israel in the United Nations, and four F-16s scheduled for shipment to Israel were held back a few weeks. Behind the scenes, Reagan assured Israel of his continued support.

Survived criticism

Begin survived the firestorm of criticism from the world and his Labor opposition, and won re-election. His defense of his action was blunt and emotional.

"The Iraqis were preparing atomic bombs to drop on the children of Israel," he told representatives of the world media several days after the attack. "Haven't you heard of one-and-a-half million little Jewish children who were thrown into the gas chambers? Another Holocaust would have happened in the history of the Jewish people. Never again, never again. Tell your friends, tell anybody you meet, we shall defend our people with all the means at our disposal."

Second thoughts

Many of Begin's critics in Israel would admit to having second thoughts in the weeks and months following the raid. "Up to this point in time, the fact is that I was not right," said Labor's Mordechai Gur. "It was a triumph, no diplomatic barn was caused, an Israeli deterrence was reinforced," stated Abba Eban. "I admit to having been wrong with respect to the diplomatic fallout I foresaw on the part of the United States," said Yeshua Saguy, who as director of military intelligence had expressed reservations about the raid.

The late Moshe Dayan may

have put it best: "Not one Arab would shed a tear were Israel to vanish off the face of the map... To me, the raid was a positive action. Iraq was producing nuclear weapons against Israel, and we were obliged to defend ourselves."

Back in 1981, the Soviet Union characterized the destruction of the Iraqi reactor as "an act of gangsterism"; nine years later, the Soviet chief of staff called Israel's action understandable. And not a few commentators have made the point that if not for Israel, American troops in Saudi Arabia would now be facing Hussein's nuclear missiles.

Remained isolated

Unfortunately, any recount of Israel's attack on Iraq's nuclear reactor cannot end on an altogether happy note, for Israel or Menachem Begin. Israel remained isolated from the community of nations throughout the 1980s, a state of affairs dramatically evidenced by recent events in Jerusalem.

As for Menachem Begin, he left office in 1983 a broken man, haunted by the death of his wife and the high number of casualties suffered by Israel in the 1982 invasion of Lebanon.

Story of courage

Nevertheless, the story of Israel's destruction of Hussein's nuclear reactor is, more than anything else, the story of Begin's moral and political courage. For history shall forever show that when the choice came down to saving Jewish lives or escaping worldwide condemnation, Menachem Begin rained fire from the skies of Baghdad — without apology.

Jason Maoz is a reporter for *Good Fortune* magazine, where this article first appeared.



sixtysomething

By Ruth Quartín Berger

Zelda sits where she is told to sit, front and centre in church. She tries to ignore what is going on. She drifts in her thoughts. She sees herself a little girl again, granddaughter of an orthodox Rabbi, daughter of a pious Jew. She is walking to Shul with Bubba and Zayde. The scenario changes to her wedding day and she smiles as she recalls her groom, Jacob Fein. He was so embarrassed because he had to stomp on the glass three times before it broke.

The years move rapidly ahead to the birth of their two sons, David and Samuel and their daughter Sarah. After that they move to a larger house and join a reform temple. They become active members of the congregation. I admit, she says to herself, we didn't attend services every week but we never missed a holiday and I did light shabbas candles. I made sure we always lived among Jews and all our friends are Jewish. The boys are barmitzvah and Sarah was basmitzvah.

The monologue continues in her head. When the children were old enough to date didn't I tell them to go out with Jewish boys and girls only? We discussed possible problems of interfaith marriages. Well, they weren't actually discussions. I did the talking. Maybe I just should have said I forbid you. Would it have done any good?

The cascade of her memories continued as she recalled Sarah's first date with a Gentile boy and her "words of honor" Mom, he's just a friend. I promise you I will marry a Jewish boy. And she did. Marvin Dromsky from a nice Jewish family. The boys took out girls of other religions, especially when they went away to university.

Sammy, the youngest married Gail Rosenblatt whose family belonged to the same Temple. That's where they met. Then David announced he finally found the girl of his dreams. Rosemary Elizabeth McGrath. Rosemary was a university graduate, a pretty girl and the very first time she met Jack and Zelda Fein she told them she had been looking to marry a Jewish boy because "they make the best husbands." Zelda wondered then if Rosemary truly loved David.

Zelda is vaguely aware of voices in the church but inwardly her stream of consciousness continues as she recalls the wedding between Fein and McGrath. It took place in a nondenominational chapel. A young Priest, cousin of the bride, officiated. But there was also a Rabbi. Zelda insisted and the children consented. Their own Rabbi refused to have anything to do with an interfaith marriage so Zelda shopped around until she found one who would. It was a small affair. David's heartsick Leventhal grandparents were not there. Jack had no problem accepting anything. After all, he used to date Gentile girls himself before he married Zelda. In fact, he was once engaged to Catholic Marie. The break-up had nothing to do with religion.

A year later, Rosemary became pregnant. In her mind Zelda is again asking the question. "David, if it is a boy will there be a bris?" David's answer "a boy will be circumcised." "A bris, my son?" "He will be circumcised, Ma." And that was the only answer I could get, she remembered. In November a healthy boy was born. A Fein grandson. There was no bris.

What will I see if I look through the blur of my tears, Zelda asks herself. She squeezes her eyes shut to keep the tears from overflowing. My face is made up to meet the family of my daughter-in-law for the first time but my heart is undone. Maybe I shouldn't have come. My husband said I must. No matter how bitter I feel, it is better than the loss of a son who also told me I must come. So here I sit in a church watching holy water dripping from the Priest's hands as he makes the sign of the cross on the forehead of my grandson, Moishe Hershel, the Rabbi.

And what is this man in the long robe saying? "I baptize thee, John Roger Vincent, in the name of the Father, the Son and the Holy Ghost."

I thank God Bubba and Zayde are not here to know this.

Bulletin Deadlines and Publishing Dates to June 1991

Deadline	Publication
Thursday, December 27	January 11
Wednesday, January 9	January 25
Wednesday, January 23	February 8
Wednesday, February 6	February 22
Wednesday, February 20	March 8
Wednesday, March 6	March 22
Wednesday, March 20	April 12
Wednesday, April 10	April 26
Wednesday, April 24	May 10
Wednesday, May 8	May 24
Wednesday, May 22	June 7

Western aid is vital

Bronfman passionate about the Israeli cause

By Diane Francis

Charles Bronfman is an early riser, but says that 3 a.m. is too early for him when he visits Israel to greet planeloads of Soviet Jews as they arrive at the rate of 1,000 a day. Even so, Bronfman and his brother Edgar, have certainly done their bit, devoting both energy and money, toward Operation Exodus, the massive, humanitarian airlift of Soviets to the Jewish homeland.

This is a passionate cause for Bronfman and his brother. "Israel has about four million people and we hope 200,000 (Soviet Jews) will come in 1990 and one million eventually. Another half million on top of that would be totally wonderful," he said in an interview in his Montreal office.

Absorbing such a huge influx is a daunting task for tiny Israel. Even worse it now faces the threat of another war, this time against Iraqi president Saddam Hussein. The cost of a conflagration aside, Israel will need \$30 billion (U.S.) to resettle these Soviet refugees over the next few years and to build housing, schools and create work. But the philanthropic Bronfman is undaunted. He leads the effort this year to sell \$100-million (U.S.) worth of Bonds in Canada as honorary chairman of the Canada-Israel Securities Ltd., an agency of Israel's Ministry of Finance. This year's worldwide fundraising effort, \$1 billion (U.S.) in Bonds and all United Israel Appeal donations, will be earmarked for the job.

Important to all

Israel's existence is important to us all. It's the only bastion of democracy in a Middle Eastern sea of dictatorships. And until the multinational force was mustered to frustrate Hussein, Israel represented the only military deterrent in that region against ruthless conquest.

Besides strategic importance, Israelis have also proven their right to a homeland there through sheer hard work and good stewardship in the face of adversity. They have turned a desert wasteland into an industrialized 20th-century country and, at the same time, given persecuted people a refuge and a decent standard of living. Operation Exodus represents a continuation of that important work.

"Operation Exodus is the reason Israel's there," says Bronfman. "The Soviet Jews have been put upon, purged by the czars, then Stalin turned on

them. They were not allowed to practice religion or culture and anti-Semitism became rampant after glasnost. Jews were being blamed for everything and had nowhere to go. Now they have a homeland where they can find succor, love and just be free people in a free society. If that's not important then what is? It's very important people support that through investment in these Bonds."

Some \$11 billion (U.S.) worth of Bonds has been sold since 1951 and, contrary to popular belief, the Bonds are not latter-day victory Bonds which bear low, or no interest to support the Zionist cause. Instead they're a worthy investment, yielding competitive interest rates payable in U.S. dollars, thus providing a currency hedge. Interestingly, Canadians are the highest per capita Israel Bond investors in the world. Overall one-third of investors are non-Jews, the single biggest holder of Bonds is the U.S. Teamsters Union and all of Canada's largest chartered banks are large holders.

Unquestioned ability

Israel's ability to repay bondholders is not questioned. It relies on Bonds for 10% of its hard currency and in 1984 its war-ravaged economy was reformed. Austerity measures were imposed including wage and price controls, removal of subsidies on consumer goods and government spending cuts. If peace ever breaks out, Israel will prosper. Its people are extremely resourceful and talented. Any visitor is struck with how they have turned the desert into a garden despite extreme financial and political adversity.

The Soviet refugees will be a burden initially, but will be an economic boost in the long run if most of them stay. Bronfman hopes all will settle permanently. "But it's a helluva mess right now. Some 45,000 housing starts were authorized but only 4,000 got going. They (Soviet Jews) are awaiting 5,000 pre-fab, temporary houses but those haven't arrived yet either," he says. "They may have to be put up in hotels, but things will work out. These are educated people, wonderful people with skills."

Unfortunately as Israel once again undertakes another ambitious nation-building project it is threatened with destruction, this time by Iraq. "Anybody who is not worried is out of their mind," says



Charles Bronfman

Bronfman. "None of us know which way it's going to go. I'll say one thing. Regardless of how this immediate situation plays out now, the major players are now at peace and perhaps we can get the UN to do what it's been unable to do. Get forces in place in the region so that the next time there's a Saddam Hussein, everyone will know it's coming and can prevent an invasion. If a conflagration happens over there Hussein will try to attack Israel but he may end up with a three-front war: Israel, Turkey with 400,000 men in arms and Kuwait. The Turks, like Israelis, are very good fighters."

Recent events have made the

leftish Bronfman lean slightly toward Israel's right wing hardliners who oppose any alteration in Israel's borders for security reasons. "I have always been a liberal, but I think the Hussein situation has put a new light on life. I think there must eventually be a deal concerning the West Bank, but I don't know what the final borders will be. The critics of any West Bank homeland for security reasons may have more legitimacy than even I thought. But one thing is for sure. The status quo cannot last."

Bronfman is also the first to admit that the massacre of 19 Muslims at Temple Mount in Jerusalem was tragic and regrettable. But he makes a very important point. "Israel is a democracy unlike the others, so the world press got hold of the information because it was given access and there were headlines all over the world. I was in Amsterdam when it happened and it was all over the media, then the U.S. caved into the PLO by voting in the UN to condemn what happened."

"But one week after the incident, General Assad's forces killed 700 Christians in two days. But that is not a democracy and the press was not let in, so the story was sket-

chy and buried on page five. There are also reports that Hussein has had 12 medical doctors knocked off for treating the wrong persons. Imagine 12 good doctors murdered because they upheld the Hippocrates oath? I'm not excusing the Temple Mount incident, but there's no perspective. One of Israel's problems is that it is a democracy and we all see these things, but not elsewhere," he says.

Despite such problems and another threat of war, Bronfman remains optimistic about Israel's future. "After Hussein there must be a new order. I don't know what but it is blatantly stupid for countries in the Middle East to spend what they spend on arms. It is far more intelligent for western aid and Middle East funds to be going toward building economic infrastructure. This is why I am so hopeful about peace so that our Soviet refugees can be employed in jobs which involve trade with our Arab neighbours. A Middle East development bank is one of the come-ons for peace. Am I too optimistic? Look at Eastern Europe. Things can happen very rapidly."

Reprinted from *The Financial Post, Joint Venture Supplement*, November 15, 1990 edition.

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Mazel tov to:

Mrs. Goldie Appel, Brockville, on her grandson Stuart's Bar Mitzvah, by Morton and Sheila Tanner.
 Ken and Linda Mirsky on their son's engagement, by Paul and Rhoda Bregman.
 Mrs. June Davis on Barry's engagement, by Morton and Sheila Tanner.
 Nathan Diener on his special birthday, by Chick and Rose Taylor.
 Mr. and Mrs. Edward Freedman in honor of Joshua's Bar Mitzvah, by Morton and Sheila Tanner.
 Marjorie and Lou Goldmaker, on Glenda and David's marriage, by Jack and Sarah Marcovitch.
 Mr. and Mrs. A. Kushin on occasion of grandson's Bar Mitzvah, by Morton, Sheila, Stephanie and Harland Tanner.
 Dr. and Mrs. Harvey Lithwick on Alex's engagement, by Rickie and Joe Loomer.
 Mr. Howard and Dr. Carol Lithwick on Stuart's Bar Mitzvah, by Morton and Sheila Tanner.
 Mr. and Mrs. Sidney Lithwick on their grandson Stuart's Bar Mitzvah, by Morton and Sheila Tanner.
 Mr. and Mrs. Martin Marcus, on their son's recent marriage, by Morton and Sheila Tanner.
 Mr. Mark Max on 50th birthday, by Ken, Leah, Mitchell and Ellen Miller.
 Mr. S. Morin on 90th birthday, by Rickie and Joe Loomer.
 Robert and Shari Ritter on Matthew's Bar Mitzvah, by Morton, Sheila, Stephanie and Harland Tanner.
 Mr. and Mrs. W. Sandberg-Maitland on Ariel's Bar Mitzvah, by Morton and Sheila Tanner.
 Jackie and Lucian Sitwell in new home, by Paul and Rhoda Bregman.
 Mrs. J. Spector on special birthday, by Leah and Yitzhak Kalin.
 Bess and Casey Swedlove on 50th wedding anniversary, by Rickie and Joe Loomer; and by Beatrice Stein.
 Max Zelikovitz on 80th birthday, by Moe Cardash; and by Berchick Greenberg.

Refuah Sh'lemah to:

Mr. Albaz, Montreal, by Berchick Greenberg and family.
 Rabbi Saul Aranov by Moe Cardash; and by Berchick Greenberg.
 Natalie Kudish by Harry and Diana Hershorn; and by Morton and Sheila Tanner.
 Leona Silver by Paul and Rhoda Bregman.
 Max Sternthal by Freda and Maxwell Lobel.
 Mrs. Doris Torontow by Morton, Sheila, Stephanie and Harland Tanner.

In Memory of:

Alec Barrett by Mary Baker; and by Leah Finkelstein.
 Doris Baylin by Moe Cardash; by Max and Ellie Greenberg; by Freda and Maxwell Lobel; by Shirley and Maurice Rose; by Beatrice Stein; and by Leo and Shirley Weiner and family.
 Mother of Michael Beaton by Paul Bregman.
 Abe Z. Cohen by Mary Baker; by Bertha Borts; by Leah Finkelstein; by Harry and Diana Hershorn; by Bea and Moe Lesser; by Jerry and Lily Penso; by Sylvia and Morton Plect; by Sylvia Rose; by Morton and Sheila Tanner; and by Rose and Jack Young.
 Wolfred Cohen by Shirley and Maurice Rose.
 Max Farber by Noreen, Syd and Joanne Bosloy; and by Lawyers and staff of Perley-Robertson, Panet, Hill and McDougall.
 Susie Goldberg Toronto, by Moe Cardash; by Uncle Ben Greenberg; by Max and Ellie Greenberg; by Bernice and Isaac Kerzner; by Jerry and Lily Penso; by Chick and Rose Taylor; by Ethel and Irving Taylor; by Steven, Jeffrey, Alan and Mona Taylor.
 Mary Klaman by Noreen and Syd Bosloy.
 Sister of Mrs. G. Marks by Beatrice Stein.
 Leon Rosenbaum Toronto, by Berchick Greenberg; and by Jerry and Lily Penso.
 Maurice Schwartz by Beatrice Stein.
 Moishe Shaffer by Ken and Leah Miller; and by Morton and Sheila Tanner.
 Harry Tanzer by Morton and Sylvia Plect.
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General

Mr. and Mrs. Kevin Kardash in appreciation and with best wishes in their new home, by Uncle Ben Greenberg.
 Rae and Louis Kevanstein with best wishes for good luck in new home in Florida, by Rose and Jack Young.
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 Donation Cards, minimum \$7.00 can be purchased by contacting Reba Diener, 2010 Woodcrest Road, Ottawa K1H 6H8, 733-5155, or Lily Penso 725-1846.

Jewish ways of raising children topic of psychologist's address on Jan. 13

Dr. Barry Schneider will speak on "Jewish Ways of Raising Children: A Child Psychologist's Perspective," Sunday, January 13, 10 a.m. at Temple Israel, 1301 Prince of Wales Dr.

The talk will trace Jewish ideals of parenting as expressed in Biblical texts, the Talmud and literature.

These will be compared with contemporary research on child

rearing and family influences on children's development.

A discussion of ways parents influence identification with religious and cultural groups will follow.

Dr. Schneider is an associate professor of psychology at the University of Ottawa. He received his Ph.D. at the University of Toronto in 1977, and was a supervising school psychologist prior to coming to

Ottawa.

He is a consultant with the Andrew Flack Child Centre, the Jewish Community Centre, and the municipal government of Genoa, Italy.

Dr. Schneider maintains a part-time practice limited to children's learning and behaviour problems. He is the author of four books in the field of child development.

Remnants of Polish Jewish bldgs. checked

RYMANOW, Poland (JTA) — Samuel Gruber, director of the Jewish Heritage Council, a division of the internationally respected World Monument Fund, has just completed a nearly 2,000-mile trip through eastern and southern Poland.

His mission was to inspect the physical remnants of brick and mortar, stone and wood left behind by the once-flourishing Jewish community that largely perished in the Holocaust.

The immediate purpose was to survey the condition of those Jewish sites of greatest architectural, artistic and historic significance and discuss possibilities for their preservation, conservation or restoration.

Gruber was accompanied by the architects Maria and Kazimierz Piechotka, experts on Polish synagogue architecture, who laid out a route that took in 34 synagogues in a score of cities, towns and villages from the major centers.

The United Jewish Appeal of Ottawa wishes to express its thanks and appreciation to the Jewish National Fund of Ottawa

for deferring its annual Negev Dinner until next year out of recognition of the primacy and importance of Operation Exodus. The co-operation and assistance provided to UJA by JNF in ensuring that the community focus on Operation Exodus is much appreciated.

Lionel Shinder
 UJA General Chairman



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One traveller's eye-view

Jewish life is alive—and sometimes well—in Italy

By Alyce Baker

As a Jew travelling through Europe, one is constantly exposed to art, architecture and history representative of the Christian world.

Artists' depicting life in Roman, Renaissance and even modern times have woven an overwhelming theme of God and the Church into their sculpture, paintings and tapestries.

So it is little wonder that, to attain some comfort and solace in this devoutly Christian ambience, the Jewish traveller attempts to seek out any evidence of Judaism.

Thus it was for my husband, Allan, and me this summer in our travels through Italy.

Unfortunately, because of the political times we live in, fraught with terrorism and anxiety, many religious Jewish centres are locked, barred and heavily guarded.

No photographs

The local "carabinieri" or police, armed and positioned in armored trucks, sit front and centre facing the iron gates of Rome's great synagogue and its sister edifices in Florence. The carabinieri were quick to caution me not to photograph the Roman shul.

We arrived at the Great Synagogue in Rome on a hot Saturday afternoon. Services were over and the doors were locked. Ever since the bombing of the shul in 1982, security has been extremely tight.

We were only able to scan the walls and pace the perimeter of the property. On this restricted journey, we bumped into fellow Jews from Australia, South Africa, North America and Europe on a similar exploration.

We left the neighborhood disappointed and disturbed.

Happily, our journey to Florence was a more positive experience.

The city of Florence is one of the world's most acclaimed centres of art and culture.

As we approached the local

synagogue our hearts were beating with apprehension fearing a repeat of our disappointment in Rome. But luck was with us that day.

The exterior of the Florentine shul is elegant in stature and Moorish in design. But it is the interior, with its carved wood and handpainted mosaics, that is truly breathtaking.

On a bench lay a siddur which had been used for Tisha B'Av services the previous day.

As Allan donned a Kippah, I was struck by the common rituals that bind Jews the world over.

On this visit to the shul we met and chatted with: Shmuel and Mendel, two fellow travellers from South Africa, and were quick to participate in the universal game "Jewish geography" — unfortunately to no avail.

The Jewish population of Florence numbers a mere 1,000 souls, yet not only does this community support a magnificent synagogue, but is also blessed with a kosher butcher, community centre, senior citizens' home, day school and restaurant.

The synagogue in Florence was founded in the late 1800s by Sir David Levi as a tribute to the Jewish community. This Orthodox congregation is suffering the same problems Jews are wrestling with the world over: how to mesh tradition and modernism by appealing to the youth while still respecting the wishes of senior congregants.

Acquired an organ

in its attempt to appease both young and old, the balabatim in Florence have acquired an organ and permitted Bat Mitzvot.

Daily minyan are not possible due to a dearth of participants, but Shabbat services are held weekly.

The High Holy days always find the shul full.

Jews and non-Jews live quietly in peace in Florence,

but, as our guide is quick to point out, life is too comfortable in Florence and so assimilation is robbing the community of its heritage.

As I walked between the pews of the synagogue, I took notice of the brass nameplates. Many seatholders were professionals, indicated by the titles doctor, lawyer and professor after their surnames.

I was fascinated to read "Morelli" and "Giannini", typical Italian names, carried by Jews.

Lest I be disappointed, however, to my delight I did discover the universal "Coen".

Ancient community

From Florence we travelled to Venice. Here we were to discover an ancient Jewish community, where the term "ghetto" was first coined.

The Florentine ghetto is an important landmark and popular tourist attraction frequented by both Jew and Gentile. Mentioned in all guide books, it is given prominence on any city map made available to tourists.

Street signs and winding alleys over bridges and canals lead you into a square housing buildings that are the remnants of early European Jewish life.

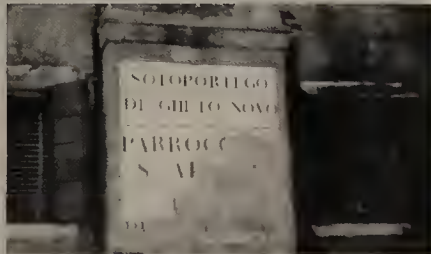
The word ghetto is derived from the Italian word for foundry. Here Jews manufactured candles, one of the few professions allowed them. Jealous merchants were afraid of competition and so had the Jews' activities restricted.

The other trade permitted was money lending.

Interestingly, when the ghetto was established and evening curfews enforced, only Jewish doctors were permitted exit to tend to patients.

It reminded me of a scene from "All in the Family", when the unabashedly bigoted Archie Bunker, felled by illness, insisted on a Jewish physician.

Our guide in Venice began by showing us artifacts gathered in the museum above the square called "Ghetto Novo."

**The Novo Ghetto in Venice**

Prayer shawls or tallitim, siddurim, religious vessels and utensils dating to the 14th century are elaborately displayed in glass showcases — ancient reminders of our long and proud heritage.

There are five synagogues in the Venetian ghetto and not all of them are open to visitors. We did see those of Roman origin, German descent and one of Byzantine background. Each structure had its own architectural style and flavor.

Only two are actually used; the smallest in the summer, when the numbers are few, and the largest in the winter, when more congregants come to pray.

There are currently 300 Jews in Venice. Even as we sat in the square that day, the community was losing another of its members, a young religious shopkeeper who had been operating a gallery selling religious articles. He was packing up his belongings and moving to New York where he felt he could offer his family a better life.

Two stores manufacturing beautiful religious articles such as Seder plates and Kiddush cups were also located in the square. I remember a futile search for just such items in Israel, only to find them here in Italy. The combination of Italian craftsmanship and Hebrew significance meshed well.

The Venetian community has erected a Holocaust Memorial

in the Ghetto square, one whole wall of which has been dedicated to plaques, above which barbed wire fences are suspended. This wire is intended to depict the fences of the concentration camps of Nazi Germany.

Not since an earlier trip to Israel and Yad Vashem have I experienced such deep feelings of pain at a visual reminder of the Holocaust.

Our visit to Venice completed, we returned to Rome where we spent a morning at the Vatican and toured the Basilica of St. Peter. We were truly awed by its magnitude and wealth of art and decor.

After having visited the synagogues of Rome, Florence and Venice, I no longer felt a stranger in this staunchly Catholic country but could be appreciative of the Christian heritage while feeling comfortable with my Judaism.

On our last night in Rome, we were accosted outside our hotel by a young Rumanian. After a lengthy conversation, we discovered he was a Jew trying to make his way to Israel where he hoped to establish a new life for himself and send for the family he had left behind.

We offered him money to help him achieve his goal.

What better way for us to end this emotion-filled journey than by reaffirming our Judaism and giving tzedakah!

Community Relations Report**Countering racism and anti-Semitic sentiment**

By Maureen Molot

Of the variety of issues with which the Community Relations Committee deals, one of the most important and most disturbing is that of anti-Semitism. Whether the message is one of racism, anti-Semitism or Holocaust denial, we have to be attentive to speakers and the arguments they attempt to make. We also have to work with the larger community in getting the message across that racism has no place in the City of Ottawa. The month of November provided a number of crucial lessons in that regard.

The Jewish Community, with the assistance of Bernie Farber of Canadian Jewish Congress, succeeded in persuading the Ottawa Public Library to cancel a scheduled appearance by Ron Gostick and Eric Butler. Gostick, from Alberta, is a well-known supporter of James Keegstra. Butler, an Australian, has a reputation for racist rhetoric and anti-immigration statements. Materials outlining the views of both these men were forwarded to the Public Library. The point was made quietly in writing and in personal discussion that a publicly funded facility such as the Library should not offer its premises for the propagation of racial hatred. Library officials agreed and the contract was cancelled.

There can be no doubt that David Irving's presence in Ottawa was a source of great distress both

to the Jewish Community as well as to the larger Ottawa community. Irving's message is a frightening one, subtly delivered, and one with which we must be familiar. Irving does not deny that Jews were killed during World War II. Rather what he seeks to do is to "sink the battleship Auschwitz", to argue that millions of people were not killed at Auschwitz because there were no gas chambers at that location. What he described were "draughty gas chambers" and dummy concentration camps constructed after the war to lure tourists and promote anti-German sentiment. If Irving can delegitimize Auschwitz as a focal point of the Holocaust he can then move on to question what happened at the other concentration camps. He says as much himself.

The core of Irving's technique rests on his view that people lie, documents do not. Given the way in which research is usually done this is a very clever argument. After all, to paraphrase Irving, "who can question the credibility of documents? But we all know that hearsay evidence is less credible." What Irving neglects to discuss is the environment which produced the documents or the selectivity of the documents used to make his arguments. That concentration camp commandants did not refer to gas chambers and the number of Jews killed in them in their reports is hardly evidence that the gas chambers and the killings did not occur.

Although the focal point of Irving's attack is the Holocaust and, by extension, Israel, Jews are not the sole focus of his venom. Irving also pokes fun at Canada's open immigration policy and the integrity of our multicultural society.

Together with a coalition of ethnic groups and a number of local politicians efforts were made to attempt to cancel Irving's talk. These did not succeed. What did succeed, however, was a rally at the headquarters of the Regional Municipality of Ottawa-Carleton to inaugurate the Year for Racial Harmony in the Ottawa-Carleton area. More than two hundred members of various communities within our city turned out to celebrate the multicultural character of Ottawa and the strength it generates. The message to Irving and his supporters was clearly that his perspective is unwelcome in the Ottawa area.

In accentuating the positive of that November 5th rally members of the Jewish Community cannot ignore the event which generated it. We have to be attentive to racism and ready to counter anti-Semitism and anti-Israel sentiment whenever and wherever they appear. To do that all of us have a responsibility to be knowledgeable about our history and comfortable in arguing our position in the media and other forums.



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Centrefold

The News from the Jewish Community Centre of Ottawa

Volume 2/No. 20 • December 14, 1990 • Kislev-Tevet

Auditions take place Jan. 13

Teen play *West Side Story*

By Estelle Melzer

The curtain is scheduled to go up on the fourth annual Jewish Community Centre Theatreworks teen play production in May of 1991. This year's presentation, *West Side Story*, is expected to be as big a hit as its predecessors, *Fiddler on the Roof* (1988), *Grease* (1989), and *Little Shop of Horrors* (1990). The success of the JCC's annual teen play is the envy of Jewish communities across North America.

The Jewish Community Centre started these Theatreworks productions four years ago with the hope that they would provide an exciting focus for teen involvement in the Jewish community.

Morris Presser, who was chairman of the Vaad Ha'Ir's Committee on Teens at that time, was the moving and guiding force behind this project.

From the beginning he insisted that the highest quality support, professional expertise and organization had to be provided for our teens.

And all of the adults involved in

that first production, *Fiddler on the Roof* — from the indefatigable director, David Smith, to the volunteer make-up people — gave it their overwhelming commitment.

Ottawa's teens responded with an equally overwhelming commitment of their time, energy and enthusiasm.

The circles of excitement quickly widened to include not only the teen cast members, but also their peers who worked backstage, sold tickets, helped usher or rushed to get involved in any way they could.

Unexpected bonus

An unexpected bonus from all this enthusiasm was the later involvement of these teens and their friends in JCC programs.

JCC President Ralph Kassie summed up the reasons for the Centre's commitment:

"Huge amounts of dollars are poured into these productions, but if they inspire younger children to get involved later, if they bond a group of Jewish teens together, if unaffiliated youth suddenly become involved in the Jewish

circle, and, most importantly, if all our Jewish youth feel a sense of pride in their peers and community, then surely every penny is justified."

Fiddler on the Roof surprised and delighted everyone with its vitality and professionalism. Each subsequent year, Theatreworks productions have matured and become even more polished. Last year's presentation, *Little Shop of Horrors*, received a glowing review in *The Ottawa Citizen*.

This year the JCC has lined up a strong production team to co-ordinate the presentation of *West Side Story*. Rick Hagger will be director; Marie Giroux will be producer; and Drum Hudson will be back, following his triumph in *Little Shop*, as musical director.

Auditions for both male and female parts will take place on Sunday, January 13. For more details call the JCC at 238-1818 or consult the advertisement in this issue of *The Ottawa Jewish Bulletin & Review*.

Watch for updates on the progress of *West Side Story* in future *Centrefolds*.

Arts Alive Action



More photos page 3

Israeli Film Festival offers double feature

The Jewish Community Centre's fourth annual Israeli Film Festival will be held once again in the auditorium of the Museum of Natural Science, Metcalfe and McLeod. This year the JCC will offer a double feature, starting at 7:00 p.m. on Saturday, January 26.

Two popular Israeli films, *The Big Dig* and *The Valley Train*, will be presented, with a reception and refreshments at intermission. Both movies are in Hebrew with English subtitles.

The Big Dig is a satirical comedy about Blaumilch, a harmless lunatic, who steals a pneumatic drill and digs up one of Tel Aviv's main streets with no interference from authorities. This film is ideal for youth and adults alike.

The Valley Train, a poignant drama made in 1989, portrays the never-ending conflict between traditional and modern thinkers.

The legendary Valley Train from Haifa to Damascus was abruptly halted during the War of Independence in 1948 but the vivid memories live on. Gadi, the hero of the film, longs for the simpler days when travelling to Damascus was just a matter of paying the fare. His attempts to revitalize the train are futile and his dream is shattered by the harsh reality of war.

The Valley Train is recommended for adult viewing only, as it contains explicit nude scenes. Parental guidance is advised.

As always, the Israeli Film Festival is a rare opportunity for Ottawans to get a glimpse of the realities of Israeli life from the perspective of Israelis. These films, while exploring larger issues, also offer the viewer insight and understanding by capturing the small details and local colour which are part of the everyday Israeli experience.

The Israeli Film Festival is sponsored by The Israel Program Centre and the Jewish Community Centre.

Tickets are \$8.00 for one film, \$12.00 for both; students and seniors pay \$6.00 for one film, \$10.00 for two. Tickets are on sale now at all synagogues and the Jewish Community Centre. For more information, call 238-1818.

The ERC supplies Jewish content teaching aids to all schools

By Estelle Melzer

Is your child caught up in the pre-Christmas excitement at his or her public school? Do you wish that there was some Chanukah content at school to make your child feel that her holiday was also special?

The Jewish Community Centre's Educational Resource Centre can provide that Chanukah content.

A resource centre set up specifically for educators, the ERC offers teaching materials on Jewish life in Canada, Israel and around the world.

It also supplies books and teaching resources of all kinds for Holocaust studies and Jewish holidays.

It's a brightly-coloured room at 881 Broadview, bursting with books, tapes, videos, teaching materials, games and craft ideas. These resources are available, free of charge, to all schools, teachers and the general public.

The ERC also supplies Learner Boxes, ready-made teaching kits, for all Jewish holidays and a wide variety of Jewish topics.

The Chanukah Learner Box, for example, contains a Chanukah with candles, a dreidel, a pamphlet telling the story of Chanukah, craft ideas, song

sheets, and even a recipe for potato latkes.

As well, librarians Zelaine Shinder and Evelyn Rivers are happy to make suggestions for other teaching materials on any Jewish subject.

A parent could either use these materials herself to teach a unit on a Jewish theme or give them to her child's teacher to present the topic.

The ERC also can arrange for a volunteer to present a program in the classroom on various Jewish topics.

This year, for example, in co-operation with the ERC, teacher Bryna Rumstein will present a Chanukah program at Arch Street Public School and parent Sherry Marcus will do a Chanukah program at Greenbank Public School.

Enhancing Jewish teaching

The ERC has also been active in enhancing Jewish teaching in Ottawa. It organizes teacher workshops on topics such as Teaching the Holocaust and Hebrew Language Teaching.

It also co-ordinates the Principal's Council of all six Ottawa Jewish schools. The council meets monthly to plan teacher seminars and to organize such inter-school events as the Lag Ba'Omer picnic.

If you believe in the value of Jewish education for all our children, perhaps you would be interested in making a contribution to the ERC. (The ERC insert in this issue of the *Ottawa Jewish Bulletin & Review* has a contribution form.) The money will go towards purchasing more educational resource materials.

In this issue:

- Single Parent group formed **Page C2**
- Winter '91 programs **Page C4 & 5**
- H.E.L.P. for women **Page C6**
- JCC Day Care full **Page C7**

Chailights

Reflections from the President's Desk
By Ralph Kassie
President, Jewish Community Centre



Of Presence and Presents

It's just not good enough! You're a committed Ottawa Jew who supports your community financially. You give to U.J.A., you give to Operation Exodus, and a host of other worthy Jewish causes with their hands out. Thank goodness for your support — but it isn't enough any more. Our community needs your participation — your physical presence as well as your monetary presents. Your time is a precious gift that can't be measured in dollars.

The old guard is fading. They have served us well and served us far beyond the call of duty. We cannot keep asking them and we cannot keep depending on their incredible strength and dedication in preserving and enhancing our Jewish way of life!

Look at every Jewish organization in town and I'll bet you will see a common problem — lack of lay leadership and lack of general participation. We all take the easy way out, pay our dues and sit back and let someone else do the work, content to think that we are supportive, good citizens because we paid up.

Well, guess again. Everybody does the same thing and consequently, there's a real problem evolving. Too few are willing to put their time and effort on the line and it's slowly killing all that we have worked for over the years.

The same core of volunteers are carrying nearly all organizations and their mean age is creeping upwards at an alarming pace. Where is the next generation? Where are the newcomers to Ottawa? What are we waiting for? The time is now.

Even more important is the need to involve the future generation, our children. It's not enough to throw them into Hillel Academy or Talmud Torah, hoping that they come out committed Jews. The ideal solution is to encourage their involvement in the cultural, recreational and social milieu of the Jewish Community Centre. (You knew I'd get around to that suggestion eventually.)

No one hammers "Jewishness" at them here, but it permeates and pleasantly surrounds. Somehow, without a lot of fanfare, the Jewish habit and the comfort of Jewish contact become a real way of life to our youth at the Centre — which will come back to benefit us in later years.

While I don't advocate that you twist their arms to participate, I do urge you not to take "no" for an answer. Use some creative parenting and really make an effort to involve your children in the community. We desperately need them to be future leaders. As a first step you yourselves must lead by example. You can't preach "do as I say and not as I do".

The message is clear. We need your participation for now and for our future through our youth. And I can't think of a more positive entry into Jewish life in Ottawa than through the Jewish Community Centre.

See you with your family at the Centre.

Ralph

Single parents form group to share information and resources

A new group of Jewish single parents has been formed as a result of the JCC's Symposium on Single Parents and Blended Families, held earlier this month at the Jewish Community Centre.

Through this group, men and women — both custodial and non-custodial parents — can offer each other their support, exchange information and resources, and learn from guest workshop leaders. The group plans to meet on a monthly basis, focusing on different aspects of single parenting at each get-together.

How do you balance the needs of your children with your own needs? Can you adjust to living without a partner and help your children cope with the family change at the same time? At the symposium, these issues were addressed by top professionals in Ottawa.

Dr. Hinda King discussed coping with loss in her workshop, "Picking Up the Pieces." Participants were guided through the stages of loss, beginning with the initial crisis when a relationship is terminated, whether by death or separation.

"Dating Again", led by Antoinette Legault, was a popular seminar workshop. Those who attended identified a number of issues, including

the fear of being hurt again, the loss of their new-found independence, their children's reactions, and their own readiness to invest emotionally again. What's on your "intimacy allergy card?"

Members of the G.R.A.N.D. Society gave a special presentation on grandparents' rights. Stories were told of grandparents being cut off from their grandchildren as a result of family breakdowns, mental illness, or cult activities. It was heartbreaking to hear of these tragedies, but encouraging to learn about the support that is available.

During lunch, parents had a chance to meet each other and talk informally about their concerns.

Dr. Wendy Cole of the Family Court Clinic of the Royal Ottawa Hospital led a fascinating workshop on "Custody and Visitation". How do you get past your anger, get outside your own emotional trauma, and decide what is truly best for your children? Are you, for example going to take your ex-spouse to court to cut off visitation rights for losing your child's new running shoes? This workshop explored the circumstances that judges consider when making these important and difficult decisions.

The workshop on "Blended Families and Stepparenting" was led by Wilma Stollman of the Family Service Centre. Participants explored the family dynamics of a newly-formed family unit in which children come from previous relationships.

Susan Peters and Jon Snipper presented a workshop on "Mediation: Avoiding the Pitfalls of Single Parenting." Parents discovered the benefits of sitting down together with professionals to come up with arrangements acceptable to both parties.

In the closing session of the symposium, participants resolved to form a new support group for single parents. They hope to learn from each other and to sensitize the community to their special needs and concerns. The possibility of running a group for children was also raised.

This group for Jewish Single Parents will be offered through the Family Life Education Unit jointly sponsored by the Jewish Community Centre and Jewish Family Services. The first meeting will be held Tuesday, January 22, 1991 at 7:45 at the JCC, 151 Chapel Street.

For more information, please call Paula at 238-1818.

The Jewish Community Centre and the Israel Program Centre present The Fourth Annual ISRAELI FILM FESTIVAL A DOUBLE FEATURE

The Big Dig

7:00 p.m.

Director: Ephraim Kishon

This satirical comedy is about Blaumilch, a harmless lunatic, who steals a pneumatic drill and digs up one of Tel



Aviv's main streets with no interference from authorities. Through a comedy of errors, he is able to complete the job all the way to the sea, whereupon the waters rush in and transform Tel Aviv into the "Venice of the East". With Bomba Zur, Nissim Azikri and Shraga Friedman.

The Valley Train

9:00 p.m.

A 1989 film. Director: Jonathan Paz

Warning: Contains explicit nude scenes. Parental guidance is advised.

The legendary "Valley Train" from Haifa to Damascus was abruptly halted during the war of independence in 1948. But the vivid memory of that train winding its way across the valley, and the smoke from the engine cutting through the fields arouse in Gadi — the hero of this film — a longing for simpler days when travelling to Damascus was just a matter of paying the fare. His attempts to revitalize the train and to renovate the track are futile, and his dream is shattered by enmity and the harsh reality of war.

Saturday, January 26

7:00 p.m.-11:00 p.m.

The Museum of Natural Science — Metcalf & McLeod

YOUR CHOICE!

Come for either film or come for both at a substantial discount.

Cost: one film \$8.00, \$6.00 students & seniors;
two films \$12.00, \$10.00 students & seniors;

Coffee & Party Sandwiches provided at intermission

Tickets are available at all synagogues and the Jewish Community Centre
For more information call the JCC at 238-1818.

LOMIR ALLEH ZIN GEN

An Evening of Yiddish songs

Come Join Us

for a haimeshish sing-a-long

Date: Sunday, December 16, 1990

Time: 7 o'clock

Place: 69 Bellwood Avenue

(No Admission Charge)

If you enjoy singing traditional Yiddish songs and would like to learn new ones.... then we are the group for you.

Your Hosts: Abe Rosenfeld
Jacki Langsner

For more information please call JCC Librarian
Estelle Backman, 238-1818
or Jacki Langsner, 237-0141



A program of the Jewish Community Centre

Centrefold is a monthly publication of the Ottawa Jewish Community Centre, 151 Chapel Street, Ottawa, K1N 7Y2.
Tel. 613-238-1818

President • Ralph Kassie Executive Director • Ron Boro
Editor • Estelle Melzer



Round the Centre



So, What's New?

Strictly Seniors — News & Views

By Ricki Baker
Co-ordinator, Senior Programming

Golden Opportunities

Happy Chanukah to one and all! Since this *Centrefold* is the last before so many people fly south for the winter, I just wanted to wish you a warm and healthy winter away. We're looking forward to seeing you back with lots of "colour", and feeling recharged.

Perhaps while you're away you'll have an opportunity to visit some Golden Age Clubs or attend a program or two for seniors wherever you are. If you do and you come across an interesting idea or activity, please try to bring it back with you. Perhaps we can use it! Grab a few brochures, we'd love to see them in the J.C.C. Program Office.

For those who will be remaining here and toughing out the winter, don't forget about us! Our activities will be continuing as usual and we'll look forward to having you participate. Don't let the cold weather keep you at home. Come on out and join us, see some friends and have a good time.

Enjoy the holidays with children and grandchildren, loved ones and friends, and we'll meet again in January.

An open appeal to the Community
From the JCC Librarian

Dear Friends of the JCC Library:

When I took over the JCC Library at 151 Chapel this fall, I was greeted by a stack of outstanding book cards — indicative of a large number of lost books.

As you probably know, books on Judaica are very expensive and soon go out of print, thus making many books irreplaceable. We would be very grateful if these books could be returned.

No fines would be levied and no questions would be asked. Simply place your books in the book deposit box outside the JCC library.

Once again, I urge you all to drop in at the JCC library and discover the many fascinating books and resources in our collection.

Yours truly,
Estelle Backman, JCC Librarian

Library Hours:
Monday 11:00 a.m.-3:00 p.m.
Tuesday 11:00 a.m.-3:00 p.m.
Wednesday 6:00 p.m.-9:00 p.m.
Sunday 11:00 a.m.-3:00 p.m.

A sample list of "lost" library books

- *Who Is Man* by Abraham Heschel
- *Leaders of our People* by Joseph Gumbiner
- *None Is Too Many* by Irving Abella
- *Pathways Through the Torah* by Arthur Chiel
- *The Adventures of Jeremy Levi* by Yaffa Garz
- *The Carnival Galaxy* by Cynthia Ozick
- *Portrait of People* by C. Raddock and Eileen Sherman

Connection 20/30 invites
all young Jewish Singles and COUPLES to
A Festive "Statutory Holiday" House Party

Tuesday, December 25

at 5:00 p.m.
featuring



a Smorgasbord
of Dairy Delights

A full-course sumptuous holiday repast
(You bring a course, of course)

Food will be provided by all the guests. If you are unable to bring a course (entree, side d'st, salad, dessert, wine, etc.), cost will be \$18.00. For details please call Anne at 723-2803.

Cans of food for the Food Bank would also be appreciated. Co-operative child care will be available.

•Great Music •Great Food •Great Folks

Join us for the merriest December 25 ever!

R.S.V.P. to Anne Benedek at 723-2803 by December 20.



A program of the Jewish Community Centre

NEWARK

BRINGING JEWISH SINGLES TOGETHER

invites you to a

Brunch

featuring entertaining "Parlour Games"

Sunday, December 23

11:30 a.m.

Social Hall, Machzikei Hadas Synagogue
2310 Virginia Drive

Cost: \$18.00

R.S.V.P. by December 19 to Diane at 238-1818



A program of the Jewish Community Centre

The Golden Age Club

All programs take place on
Mondays in
the Assembly Hall of the
Jewish Community Centre
at 151 Chapel Street.

Luncheons 12:30

Meetings 1:00

December 24

Movie Day, Social Hall,
1:00 p.m.

December 31

No Meeting

January 7

Meeting. Listen, learn and
comment on the G.S.T.

January 14

Bingo lunch

For more information call Ricki
Baker at the JCC, 238-1818. A
joint program of the JCC and
JSSA.

ADULTS FOR LIVELY LEISURE

A Luncheon Lecture
Program

Held at 12:30 p.m.
at the Agudath Israel
Synagogue
1400 Coldrey Avenue

Thursday, December 13
Chanukah program

Please call for January dates.

Any questions? Call Ricki Baker
at the JCC, 238-1818

The Bet Chavura Drop-In Centre

in the Adult Lounge
JCC, 151 Chapel Street
invites all seniors
to drop in and visit.

EVERY TUESDAY

Open from 1:30 p.m. for bridge,
card games and mahjong.

TUESDAY, JANUARY 15
Nurse visits

THE DROP-IN DINER

is open

TUESDAYS

between 12:00 and 1:30 p.m.
at the JCC

Soup, main course, salad, dessert
and a drink.

COST: \$3.50 for seniors,
\$4.50 for others.

Buy 5 meals, get the 6th
meal FREE

Diner closed December 25,
and January 1.

Have a happy
Chanukah!



Memories of Arts Alive '90



JCC PROGRAM GUIDE —

ADULT DEPT.

Intermediate Conversational Hebrew

As a continuation of the beginner's course, and for those who have a good basic knowledge, an intermediate course will be held. This series of 8 weekly two-hour classes is jointly sponsored by the Israel Program Centre and the JCC in co-operation with Beth Shalom West Synagogue.

Dates: Tuesdays, January 8 - February 26
Time: 8:00-10:00 p.m.
Place: Beth Shalom West Synagogue
15 Chartwell Avenue, Nepean
Instructor: Gila Solomon
Cost: Members, \$30.00; Non-members \$40.00

Institute of Continuing Jewish Education

For those interested in exploring their Jewishness, mini-courses will be offered on a wide variety of subjects. Each course will consist of four one-hour sessions. Second term courses will take place in March.

FAMILY LIFE

Jointly sponsored by the Jewish Community Centre and Jewish Family Services

You and Your Aging Parent

Do you find yourself caught between the demands of your parents and children? Explore the various issues confronting you as children of aging parents, learn about the many resources available and meet others in your situation.

Date: Tuesdays, 8:00-9:30
January 28, February 4, 11 & 18
Place: Jewish Community Campus,
881 Broadview
Cost: Members \$18.00; Non-members \$24.00

Partners of Two Backgrounds

This very successful group was started last year to meet the needs of the growing number of families in which one partner comes from a non-Jewish background, and may, or may not, have converted to Judaism. Next meeting: Monday, January 14, 8:00 p.m., 881 Broadview.

Children of Survivors

This group meets monthly and is made up of members of the second generation of Holocaust survivors and those interested in the Holocaust. The dual focus of this group is the study and discussion of Holocaust-related issues and the undertaking of activities of a commemorative or educational nature. New members are always welcome. For information about this group, please call Jewish Family Services at 235-0000.

Jewish Single Parents

This newly formed group is for both custodial and non-custodial parents who will get together on a monthly basis to tackle a different aspect of single parenting. The first meeting will be held on Tuesday, January 22 at 7:45 at 151 Chapel Street.

On Your Own

In co-operation with Bereaved Families of Ontario For those who find themselves alone due to the death or long-term placement of their partner. Learn to cope, meet others in your situation, explore your concerns under the guidance of a professional counsellor.

Date: Alternate Tuesdays, 7:30-9:00 p.m.
Starting January 28
Place: Jewish Community Campus,
881 Broadview
Cost: (8 sessions)
Members, \$36.00; Non-members \$48.00

Sharing

For those who have already had some experience in dealing with their bereavement. Get together with people who will share both difficulties and triumphs, as they support each others' efforts to create new lifestyles for themselves.

The group will plan its own activities with guidance from the sponsoring agencies and will meet at various locations.

Call Paula Spevak Shadowski at the JCC at 238-1818 for more information on these programs or for suggestions on setting up other special interest groups. Call us — we deliver!

JUNIOR DEPT.

After School Activities

At 881 Broadview

Hocus Pocus Plus

Learn magic tricks and balloon sculpting.

Date: T.B.A. (Call Gale at 722-9235 or Ann at 238-1818)
Time: 4:15-5:00 p.m.
Ages: 6-12 years
Cost: Members, \$70.00; Non-members, \$89.00 (10 weeks)
Instructor: Ian Levitt, Magician

Fine Arts

A multi-media course designed to accommodate the new artist as well as those with past experience.

Date: Wednesdays, starting January 16
Time: 4:15-5:45 p.m.
Ages: 5-12 years
Cost: Members, \$85.00; Non-members, \$105.00 (10 weeks)
Instructor: Pamela Lasserre

Israeli Dance Troupe

Learn traditional dances in this fun, foot-moving class!

Date: Thursdays, starting January 17
Time: 4:15-5:00
Ages: 8-12 years
Cost: Members, \$60.00; Non-members, \$76.00 (8 weeks)
Instructor: Lianne Zaitzow

The Afterschool Centre

When the school day has ended, your child can unwind, have a snack, get started on homework and play some games. This service runs the entire school year.

Dates: Monday to Thursday
Time: 3:45-6:00 p.m.
Place: 881 Broadview (Chapel)
Ages: 4-12 years
Cost: *Members \$6.00/day;
Non-members, \$7.00/day

*For families with more than one child reduced fees will be offered.

Wolf Cubs FULL

Beavers

Dates: Mondays (October 1990-June 1991)
Time: 6:30-7:30 p.m.
Place: 881 Broadview Gym
Ages: 5-7 1/2 years (Boys)
Cost: Members, \$36.00; Non-members, \$54.00
Weekly dues: \$0.25
Leaders: Barry Bokhaut, Bob Dale, Stephen Senman, Howard Nadler & Doug Kaiman

Junior Floor Hockey

One of the most successful programs offered for our young athletes. Junior floor hockey returns, promising all the excitement and action of the N.H.L. Open this year to ages 5 to 7.

Duration: January 13-March 3, 1991
Time: Sundays, 12:30-1:30 p.m.
Place: 881 Broadview Avenue
Cost: Members, \$10.00; Non-members, \$25.00

The Sunday Club

An enriched social-recreational program for children aged 5-12, featuring music, art and physical education activities.

The program is designed to encourage the development of self-esteem and social skills. Specially trained staff are equipped to handle children with a variety of learning disabilities and behavioral problems.
Dates: January 13-March 17, 1991
Time: Sundays 2:30-5:00 p.m.
Place: JCC, 151 Chapel Street
Cost: (10 weeks)
Members \$170; Non-members \$220.
Deduct \$30.00 for second child from same family.

Consulting Psychologist: Dr. Barry Schneider

For more information, please call Paula Spevak-Shadowski at The Jewish Community Centre, 238-1818.

We gratefully acknowledge the generous funding of The Children's Village Endowment Fund.

After Pre-School

At 881 Broadview

for children aged 3-5 years

Garinim

Preschoolers have the opportunity to extend their nursery/junior kindergarten day in a semi-structured setting. Activities include arts and crafts, songs, storytelling, games and indoor and outdoor free play. Socializing with peers makes each day special at Garinim!

Date: Monday to Friday, starting January 7
Time: Monday to Thursday, 12:10-3:45
Friday only 11:30-2:30
Cost: Members, \$350.00; Non-members, \$435.00 (for 10 weeks)

Crafty Kids

Creative fun with a variety of materials and media.

Date: Mondays, January 14-March 18 (10 weeks)
Time: 1:00-1:45 p.m.
Cost: Members, \$55.00; Non-members, \$65.00; with Garinim, Members, \$82.00; Non-members, \$102.00

Weird Science

For the inquisitive child who is always asking why.

Date: Tuesdays, January 15-March 19 (10 weeks)
Time: 1:00-2:30 p.m.
Cost: Members, \$65.00; Non-members, \$80.00; with Garinim, Members, \$92.00; Non-members, \$117.00

Mini-Maestros

The focus is on music — from the sublime to the ridiculous. A great introduction to music appreciation.

Date: Wednesdays, January 17-March 14 (8 weeks)
Time: 1:30-2:15 p.m.
Cost: Members, \$55.00; Non-members, \$65.00; with Garinim, Members, \$82.00; Non-members, \$102.00

Kitchen Kinder

An introduction to food preparation, using simple recipes and emphasizing measuring and counting.

Date: Thursdays, January 17-March 14 (8 weeks)
Time: 3 yr. old, 12:30-2:00 p.m.;
4 yr. old, 2:00-3:30 p.m.
Cost: Members, \$56.00; Non-members, \$68.00; with Garinim, Members, \$83.00; Non-members, \$105.00

Adventures in Storyland

Fosters a love of books and reading.

Date: Fridays, January 18-March 15 (8 weeks)
Time: 1:00-2:30 p.m.
Cost: Members, \$52.00; Non-members, \$64.00; with Garinim, Members, \$79.00; Non-members, \$101.00

Early Childhood Dev.

At 831 Broadview

Bagels and Blocks

Funtime for adults and tots. Art activities, music circle, bagels and coffee.

Date: Tuesdays, January 15-March 26
Time: 9:45-11:15 a.m.
Age: 10 months-18 months
Cost: Members, \$70.00; Non-members, \$84.00

Shabbatots

A play group planned around the theme of Shabbat.

Date: Fridays, January 18-March 29
Time: 9:15-11:15 a.m.
Age: 2 years old
Cost: Members, \$84.00; Non-members, \$100.00

WINTER 1991



HEALTH, RECREATION & PHYSICAL EDUCATION DEPT.

Fitness Classes

All classes are taught by nationally certified fitness instructors. The goals of all JCC fitness classes are to: improve cardiovascular endurance; improve flexibility; improve muscular endurance and strength of postural muscles; promote weight loss.

Fitness classes consist of a warm-up, a cardiovascular (aerobic) sessions, floor exercises (muscular endurance and strength), and a cool-down (stretching and relaxation). Music is used for all fitness classes.

Noon Aerobic Fitness

This 25-minute class is designed primarily to improve cardiovascular endurance and promote weight loss.

Duration: January 7 to March 14, 1991
Days: Mondays, Wednesdays, Thursdays
Time: 12:05-12:30 p.m.
Place: JCC, 151 Chapel Street
Fee: Members, free; Non-members, \$30.00

Noon Platoon Fitness

A half-hour class designed for individuals seeking an all-around fitness class.

Duration: January 7 to March 15, 1991
Days: Mondays, Tuesdays, Wednesdays, Fridays
Time: 12:30-1:00 p.m.
Place: JCC, 151 Chapel Street
Fee: Members, free; Non-members, \$30.00

Broadview Aerobics

This 45-minute program offered in the west end is designed for those who cannot attend an after-work exercise session.

Duration: January 7 to March 13, 1991
Days: Mondays and Wednesdays
Time: 8:05-8:50 p.m.
Place: 881 Broadview
Fee: Members, free; Non-members, \$40.00; Couples, \$75.00

Rhythmic Fitness

Our longest running program returns for its 19th season. Led by Doreen Keir, this program continues to offer the best in safe, effective fitness training programs...for women only. This class includes weight control, nutrition tips, and general wellness information in addition to low impact aerobics, power walking, light weights and muscle toning.

Duration: Session 1: January 7 to February 7, 1991
Session 2: February 11 to March 14, 1991
Session 3: March 18 to April 18, 1991
Session 4: April 22 to May 23, 1991

Days: Mondays to Thursdays
Time: 9:30-10:15 a.m.
Place: Agudath Israel Synagogue, 1400 Coldrey Avenue
Fee: Members, free; Non-members, \$60.00/session

Recreational Programs

Pick-up Basketball

Duration: January 6 to March 31, 1991
Time: Sundays, 9:59-11:00 a.m.
Place: JCC, 151 Chapel Street
Fee: Members, free; Men's basketball league players, free; Non-members, \$20.00; Drop-in, \$3.00

Co-ed Recreational Volleyball

This recreational league is for beginner to novice players. Teams are randomly selected. The emphasis is on fun and participation; everyone has the opportunity to play.

Duration: January 8 to March 12, 1991
Time: Tuesdays, 7:30-9:30 p.m.
Place: JCC, 151 Chapel Street
Fee: Members, \$5.00; Non-members, \$25.00; Couples, \$40.00; Drop-in, \$4.00

Adult Floor Hockey

A fun and challenging workout for any hockey fan.
Duration: January 9 to March 13, 1991
Time: Wednesdays, 9:00-10:00 p.m.
Place: 881 Broadview
Fee: Members, \$5.00; Non-members, \$25.00

Badminton

Duration: January 6 to March 31, 1991
Time: Sundays, 1:05-2:30 p.m.
Place: JCC, 151 Chapel Street
Fee: Members, free; Non-members, \$20.00; Drop-in, \$3.00

Men's B-FULL League Ice Hockey FULL League

Instructional Programs

Walking Clinic

This clinic will introduce you to the information necessary to participate in a fun, safe and effective walking program. Included will be: benefits of walking, walking technique, proper warm-up and cool-down, safety, shoes, walking routes, exercising your heart, weight loss information.

Date: Thursday, March 28, 1991
Time: 7:30-8:30 p.m.
Place: 881 Broadview Avenue
Fee: Members, \$5.00; Non-members, \$15.00

Weight Training Seminar

Weight training seminars offered at the JCC will include a variety of topics: weight training principles, designing a program, safety, potentially dangerous exercises, nutrition.

This first seminar will provide the opportunity to learn the fundamentals of weight training and to incorporate these into a personal exercise program.

Date: Tuesday, January 29, 1991
Time: 7:00 p.m.-9:30 p.m.
Place: JCC, 151 Chapel Street
Fee: Members, \$12.50; Non-members, \$15.00

Heartsaver CPR

This four-hour course teaches you to: be aware of heart problems; know signs and signals of a heart attack; understand a "healthy lifestyle"; know how to access the emergency medical systems; learn the skill of one rescuer C.P.R.; know how to save a choking victim.

I. Date: Tuesday, February 5, 1991
Time: 6:30-10:00 p.m.
Place: JCC, 151 Chapel Street
Fee: Members, \$12.50; Non-members, \$25.00

or

II. Date: Sunday, March 10, 1991
Time: 9:00 a.m.-1:00 p.m.
Place: 881 Broadview Avenue
Fee: Members, \$12.50; Non-members, \$25.00

Infant/child CPR

This six-hour course designed for: parents, babysitters and daycare staff teaches you to: be aware of potential dangers in the home; recognize life-threatening childhood emergencies; know how to access the emergency medical systems; know how to save a choking infant and child; learn the skill of infant and child CPR.

I. Date: Sunday, February 17, 1991
Time: 9:00 a.m.-3:00 p.m.
Place: JCC, 151 Chapel Street
Fee: Members, \$15.00; Non-members, \$30.00

or

II. Date: March 19 and March 21, 1991
Time: Tuesday and Thursday, 7:00 p.m.-9:30 p.m.
Place: 881 Broadview Avenue
Fee: Members, \$15.00; Non-members, \$30.00

Call Albert Guité at the JCC, 238-1818, ext. 253 for information on health and phys. ed. programs.

Emergency First-Aid Course

This six-hour Red Cross Certification course is designed to teach you first-aid for the following emergency first-aid situations: choking, breathing problems, heart-stopping, bleeding, poisoning, shock.

I. Dates: Tuesday, February 12 and Thursday, February 14, 1991
Time: 7:00-10:00 p.m.
Place: JCC, 151 Chapel Street
Fee: Members, \$20.00; Non-members, \$40.00

II. Date: Sunday, March 31, 1991
Time: 9:00 a.m.-3:00 p.m.
Place: 881 Broadview Avenue
Fee: Members, \$20.00; Non-members, \$40.00

Healthy Lifestyle Management Program

This 8-week session is designed to improve your lifestyle through a positive change in behaviour. The program package includes the following: fitness evaluation; nutrition education; a computerized nutritional analysis of your diet; stress management; relaxation methods; proper exercise programming; healthy back care; behavioural change techniques; 8-week membership to JCC — programs and facilities.

Duration: January 28-March 18, 1991
Time: Mondays, 7:00-9:00 p.m.
Place: 881 Broadview Avenue
Fee: Members, \$50.00; Non-members, \$110.00

FREE INTRDDUCTDRY SESSIDN DN
MDNDAY, JANUARY 28, 1991

Healthy Back Seminar

If you suffer from back pain as a result of an injury, illness or poor posture, then this seminar is designed for you.

A qualified Back Care Specialist will provide information on a variety of topics: basic back anatomy; back care prevention and safety; back evaluation; easy-to-do back exercise program designed to relax, strengthen and stretch postural muscles.

Date: Thursday, February 28, 1991
Time: 7:00-9:30 p.m.
Place: 881 Broadview Avenue
Fee: Members, \$20.00; Non-members, \$40.00

Racquetball Lessons

Racquetball lessons are available at the JCC. Beginners are taught the fundamentals, basic strategy and rules of the game. Intermediate level players are taught how to improve their skills and learn new strategies.

Private Lessons: M, \$30; NM, \$60.00 (3 40-minute lessons)

Semi-Private Lessons: M, \$25; NM, \$50.00 (3 40-minute lessons)

Convenient times can be arranged by contacting Albert Guité at 238-1818.

**PRE-REGISTRATION IS A MUST
FOR ALL JCC PROGRAMS**
Please call the JCC at 238-1818 or fill out the form below.

JCC PROGRAM REGISTRATION FORM

Name _____
Address _____ Tel # _____
Program _____
Dept. _____ Cost _____

Please send or bring this form along with complete payment of fees to: The Jewish Community Centre, 151 Chapel St., Ottawa, Ont., K1N 7Y2; or bring to the JCC Day Care Centre, 831 Broadview, Monday-Friday, 7:30 a.m.-6:00 p.m.

Gettin' Physical



Health-Wise

By Albert Guité,
Director, Physical and Health Education



Exercise that fat away!

Do you have a few pounds that you would like to lose? For most people, the answer is YES!

You have probably already tried a few diets, but the boring, tasteless and small portions do not motivate you to continue dieting. All the weight that you lost soon returns and quite often, you gain more weight back than you had lost! This is referred to as the "yo-yo" syndrome — a very ineffective way to lose body fat.

Diets restricting calories below 1200 are undesirable for two reasons.

Low-calorie diets do not provide sufficient amounts of all the essential nutrients such as vitamins and minerals which are vital for cell maintenance, growth and repair. Nutritional deficiencies may result.

Low-calorie diets usually result in a weight loss caused by the loss of water and protein rather than fat. This is not very wise, since your metabolic rate will lower, causing even less calories to be burned by your body. If you continuously diet, your body will perceive this to mean that you are starving yourself, and will react by slowing itself down — lowering your metabolism — and saving calories instead of burning them.

Exercising can significantly increase the amount of energy or calories your body burns. An exercise done at a continuous moderate pace is referred to as an aerobic exercise. Aerobic activities include walking, jogging, cross-country skiing, swimming, bicycling, rowing, fitness classes, or stair climbing.

When you exercise aerobically, your body utilizes both fats and carbohydrates as energy. It is recommended that you exercise aerobically for a *minimum* of 15 minutes because you will burn more fat and less carbohydrates after this point.

Even better news is that your body continues to burn fat for hours after your exercise session because your metabolism is still elevated. The longer you stay with your aerobic program, the higher your metabolism will become. Having a higher metabolism means that your body is burning more fat even when you are resting. Isn't that a great deal!

Select any aerobic activity and do it with a partner for at least 15 minutes, three times a week. You'll slowly see those "fat" inches start to fade and your clothing become looser. If you want to see even quicker results, cut-down on the unnecessary junk foods. But remember — Do Not Starve Yourself!

The JCC gets personal with your health!

Personal Fitness Evaluation

A certified fitness appraiser will evaluate your current level of fitness by performing the Canadian Standardized Test of Fitness. This evaluation will measure the following: percent body fat, muscular strength, muscular endurance, flexibility, resting heart rate and blood pressure, cardiovascular fitness.

Results of the evaluation will be calculated immediately and exercise counselling will be offered.

Fee: Members, \$15.00; Non-members, \$40.00

For an appointment, contact Albert Guité at 238-1818.

Personal Exercise Program Consultation

A health and fitness specialist will meet with you to discuss and set up an exercise program designed especially for your needs. Your physical activity and health history will be reviewed. Realistic and attainable exercise goals will be established (frequency, intensity, duration, type).

The proper method of exercise performance with respect to flexibility, muscular strength/endurance and cardiovascular activities will be demonstrated.

A personal exercise chart will be provided.

Follow-up and advice about your exercise program will be available.

For an appointment, contact Albert Guité at 238-1818.

Fee: Members, \$5.00; Non-members, \$20.00

H.E.L.P. helps educate women to be more aware of their health

By Beryl Ben-Reuven

On the weekend of November 10-12, I was fortunate to attend a seminar in Toronto, organized by the National Council of Jewish Women, called H.E.L.P. (Health Education Learning Project). The purpose of this project is to help educate women to be more aware of their bodies and to understand and advocate for their rights in relation to both breast and

gynaecological health conditions.

Through the process of small group seminars, women will learn: who makes up their health care team; how to get answers to their major worries; how to record their own health data; where to find available local resources.

Increased knowledge will enable women to be more effective in receiving the best treatment. Through sharing

information, we will learn to increase our confidence and promote both health prevention and intervention.

A H.E.L.P. committee is now forming to develop its focus and determine specific needs for the Ottawa area.

If you are interested in helping us organize a seminar in 1991, please contact Beryl Ben-Reuven at 828-4767 or Albert Guité at the Jewish Community Centre, 238-1818, ext. 253.

CPR can save the life of a loved one

The Heart and Stroke Foundation of Canada has revealed that half of all the deaths of Canadian adults every year are caused by heart and/or stroke disease.

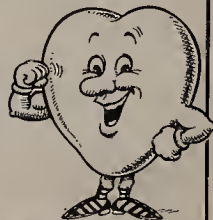
This is depressing and scary news, especially if you know someone who has one or more of the three major risk factors contributing to heart disease. These include: (1) high blood pressure or hypertension; (2) high blood cholesterol; and (3) cigarette smoking. Having two or more major risk factors significantly increases your chances of having a heart attack.

Get involved. Play it smart and learn cardio-pulmonary resuscitation. The JCC will be offering CPR courses starting in January of 1991. (See ad in *Centrefold*). These courses are designed to teach you the following: prevention of heart disease; recognition of a heart attack; how to assist someone who's heart has stopped; how to assist someone who is choking.

Help save the heart and the life of someone you love!

Learn Cardio-Pulmonary Resuscitation — C.P.R.

HELP SAVE THE HEART OF SOMEONE YOU LOVE!



Date: Thursday, January 24, 1991

Time: 6:30-10:00 a.m.

Course: Heart Saver C.P.R.

Fee: \$10.00/members, \$20.00/non-members

Location: Jewish Community Centre, 151 Chapel Street

Registration: Register at the Jewish Community Centre Office before Monday, January 21, 1991.

- Dress comfortably for the course
- All participants will receive a certification card and a manual.

For more information contact Albert at 238-1818 ext. 253.



Championship fever hits Junior Floor Hockey

Cheered on by parents and friends, Blue and Red face off in Junior Floor Hockey. Action has been fast and furious under the watchful eye of Jon Braun (right), JCC Director of Youth Services and Athletics, every Sunday at 881 Broadview. Finals take place on December 16.



Just Kiddin' Around



Partici-PACK-tion

SCOUTS CANADA The 39th Henry "Hank"
Toronto Cub Pack & Beaver Colony



The 39th Cub Pack Investiture

Welcome New Cubs:

On November 28, eighteen new "cubs" and two leaders were officially invested into the world of scouting. The Henry "Hank" Toronto 39th Cub Pack was honoured to have commissioner Jim Grimes and our Park Vale Area Group Leader, Akeia Marg Belovitch, handle the official investiture ceremonies.

Maze: Tov and welcome to the 39th: Seth Silverman, Jason Hoffman, Jordan Aronson, Michael Wilder, Omri Walzer, Elon Dubrofsky, Eli Sandell, Jonathon Abrams, Michael Stocker, Avi Davies, Zackary Resnick, Aharon Kagedon, Steve Wollack, Howard Miller, Avi Caplan, Jeremy Poriah, Baloo Avi Poriah, and Kaa Syd Dubrofsky.

Our cub hats are off to the JCC Board of Directors who joined our program. We appreciated their meeting location change in order to be with us. Many thanks to all the parents and families who attended this special night, and campus manager Jim Smith and JCC Junior Program Director Gale Greenberg for all their help and support.

Beaver Colony:

Hawkeye Barry Bokhaut, Rusty Doug Kalman, Shaooh Steve Senman, Malek Howard Nader and Dov Bob Dale cordially invite the Jewish Community to their second Beaver Colony investiture, 6:30 p.m., December 19, at the Jewish Community Campus. Bring your cameras and meet our future leaders of tomorrow!

Park Vale Area Annual "Chanuka" Skating Program:

The 39th Cub Pack, along with 12 other area packs, will be meeting at the Merivale Arena on Saturday, December 15, at 7:30 p.m. This joint scouting program will allow the boys to fulfil their "Skater's Badge" requirements as they get together with 75 area cubs and leaders. Afterwards, the 39th pack will take part in a campfire program and then head out to the JCC Campus for the first overnight of the season.

On Sunday, December 16, at 1:30 p.m. the Cubs and Beavers will meet at the Civic Centre for a Scouts Canada — Ottawa 67s game. Parents and family members are welcome to join us. Please call Gale Greenberg to reserve your seat. The cost is \$4.00. Full uniform is required.

Weekend Finale:

December 16, 7:30 p.m. After the Ottawa 67s game, our boys have been invited to watch World Wrestling Federation matches at the Civic Centre. Cost is \$20.00 for great seats! Akela Howard Osterer and Michael will be there! So will the Macho Man! Don't delay! Call the JCC at 238-1818 to confirm your seat.

Chanuka Gift Suggestions from Akela:

i) Compass hand-held model by Silva or Suunto; ii) Canteen, insulated if possible; iii) Mess kit with fork, knife and spoon; iv) Swiss army knife, simple "camper" model; v) Note pad and military belt.

These can be purchased at Irving Rivers Ltd., Sir Plus or the Scout Shop. For more information call Akela at 763-9917.

Badge Work Kudos:

Congratulations to the following cubs for their hard work and determination in achieving their respective badge requirements: Adam Gold, Gardening Badge; Yossi Bokhaut, Reader's Badge, Language Badge, Gardening Badge; Avi Caplan, Collector's Badge, House Orderly Badge; David Sidney, Guide Badge; House Orderly Badge; Michael Baylin, Collector's Badge; Michael Osterer, Collector's Badge; Yehudah Kaiserman, Collector's Badge; Guide Badge; Josh Krane, Gardening Badge; Byron Pascoe, Guide Badge.

Informal playgroup seeks participants

Are you interested in an informal playgroup for your baby or tot?

Mothers with children ages newborn to 2 1/2 years of age, who are interested in forming a playgroup can contact Sharon Gotfrit at 825-5386 in Nepean.

Mothers and children would meet on a weekly basis in the homes of the members of the group. There would be no fees involved.

The children would have an opportunity for free play and the development of relationships with one another — on a short term or long term basis. Mothers would have the opportunity to discuss issues and concerns related to parenting and child-rearing.

If interested, please contact Sharon Gotfrit at 825-5386.



Chanukah preparation at the JCC Day Care.

JCC Daycare is full!

In just over one year, the JCC Day Care has reached its goal of full capacity with 43 children registered and a waiting list of interested families.

The Day Care offers a fully licensed quality program sensitive to the cultural background of each child.

The Jewish Community Centre extends a mazal tov to Day Care Director Marie Stovick, Supervisor Lisa James and all the caring staff, and a thank you to the community for its support.

For more information about the JCC Day Care please call 722-5157.

Don't have Partyzurus in your house! Use our Party Service. Birthday Parties at the JCC, for kids 4-11

featuring special create-your-own theme parties. You pick the theme — Mickey Mouse, Outer Space, Dinosaurs — and we'll customize it for you. The possibilities are endless! Includes •room •staff •set up and clean up •decorations •paper goods •birthday cake •juice •loot bag and goodies •video •games •crafts •personalized birthday banner •chocolate making

Times: Sundays, at Broadview Campus

Cost: (for 20 kids) M \$135.00 NM: \$170.00

Call Gale at the JCC, 722-9235 to set up your party.



Our Cubs sold pen sets at Arts Alive for Operation Exodus.

Winterspree for children aged 4-11

Are you looking for a fun-filled, interesting program for your child over winter break?

Winterspree offers six days of action-packed indoor and outdoor fun. Go on a field trip, play games, do arts and crafts, enjoy videos and more.

Dates: December 26, 27, 28*

January 2, 3, 4*

Time: 8:45 a.m.-3:45 p.m.

*On Friday, 8:45 a.m.-2:00 p.m. to accommodate the start of Shabbat

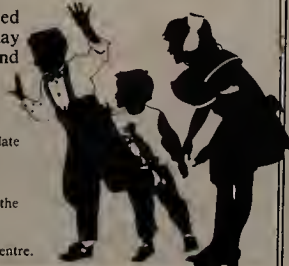
Place: JCC, 151 Chapel Street

Cost: Members \$130.00; Non-members \$168.00

Extended hours can be arranged. To register call Gale at the JCC, 722-9235.



A program of the Jewish Community Centre.





the teen scene



The BBYO Beat



BBYOers have more fun!

Rnb Mittleman (top to bottom), Samantha Lomow and Marshall Ruitman combine the social and athletic aspects of BBYO.

The largest Jewish high school age youth organization in the world is doing extremely well here in Ottawa. BBYO Ottawa currently boasts 121 members, which puts it far ahead of its December '89 totals.

Although community service, religious and cultural programming are an integral part of the BBYO program, naturally, the social and athletic aspects are what attracts most teens to BBYO. A few of last month's BBYO programs are listed below.

Chapter Kinneret AZA hosted a very exciting "Sports and Spirits" marathon which consisted of an all-night sleepover with athletic programs, coupled with fraternity and friendship building programs. All who attended had a great time.

Chapter Chai BBG (young ladies) held a "Marvel Beauty Day" at the JCC. The girls had a fabulous time trying on different cosmetics, learning how to care for their skin and hair with household products, and of course just being with each other. Chapter Hy Hochberg AZA organized a very successful "Frat Nite". The guys met at a member's house, hung out, watched some movies, and learned about the fraternity aspects of BBYO. The same chapter also planned the BBYO "Rough Rider Rooter Club" that attended the game on October 28.

Last, but certainly not least, the girls of Chapter B'yachad BBG held two outstanding programs. One was their "Lose and Gain" program, in which the girls first worked out and then consumed ice cream with chocolate sauce in great quantities. The second program, which took place at a member's house, had them showing off their artistic abilities by creating their own chapter t-shirts.

Sometimes all four chapters plan a program together as they did on November 24. The program was filled with Jewish teens making friends with other Jewish teens. It took place, once again, at a member's house, and BBYO members could be found playing ping pong, billiards, twister, listening to music, watching the hockey game, and most importantly having fun and making friends.

For more information or to find out how to join this fast-growing youth organization phone: Mitchell Miller, Ottawa Area Director, 238-1818 (days), 738-5329 (evenings); Dalia Blumenthal, B'nai Brith Girls Ottawa President, 749-7136; Jamie Solman, Aleph Zadik Aleph Ottawa President, 828-6437.

Did you know...

Ottawa BBYO has as many members as Toronto BBYO!

Jewish teens help S.R.B. football squad win city championship

By Jon Braun

Sir Robert Borden High School's Junior Football Team recently won the Ottawa Carleton Junior Football Championship, defeating Gloucester 8-6 at Minto Field.

The Borden Squad was led by 12 boys from the Jewish community.

Steve Farber's consistent running all season long and Seth Boro's steady play at quarterback led the Borden attack.

James Udaskin, Spencer and Josh Rose, Steven Presser along with Boro were members of last summer's successful Junior Maccabiah Team that travelled to Detroit in August.

Other members from the community that were part of the Borden Championship Team were Ofer Vardi, Eddy Van Dam, Jonathan Cates, Andrew Horlick, Dan Christopher and Ryan Hartman. Congratulations to them all.

Basketball is coming up next.



Keeping cool at the Kanata Wave Pool

On Saturday, November 10, Teen Connection had a very successful program at the Kanata Wave Pool.

Thirty teens enjoyed an evening of swimming, surfing, music and snacks. Teen Connection is a program for all kids in grades 7 and 8. Watch *Centrefold* for announcements on future Teen Connection events.



One-two, Cha-Cha-Cha!

A group of terrific 12-year-old kids have been meeting every Sunday the last 4 weeks at 881 Broadview and learning the difficult skills of ballroom dancing. Whenever thought such a program would take off! But it has, and these young Fred Astaires and Ginger Rogers are having a blast!

Teens!

Don't forget —
West Side Story
auditions are on
Sunday, January 13.

TEEN PROGRAMS

Teen Basketball

An instruction-based program featuring inter-squad and intrasquad play. This program is designed to develop players for the Junior Maccabiah Games program but opportunities are available for youth interested in simply learning skills and participating in local competition.

Duration: January 7-April 8, 1991
Time: Mondays, 6:30-8:30 p.m.
Place: JCC, 151 Chapel Street
Cost: Members, FREE;
Non-members, \$25.00

Co-ed Teen Volleyball

A program designed to be a fun social, as well as sporting event. No experience necessary.

Duration: January 8-April 9, 1991
Time: Tuesdays, 7:30-8:30 p.m.
Place: JCC, 151 Chapel Street
Cost: Members, \$10.00;
Non-members, \$20.00

Teen Floor Hockey

Fast-paced action for teens in a friendly pick-up format.

Duration: January 10-April 11, 1991
Time: Thursdays, 7:30-9:30 p.m.
Place: 881 Broadview
Cost: FREE

Pre-Teen Floor Hockey

Duration: January 10-April 11, 1991
Ages 11-12
Time: Thursdays, 6:30-7:30 p.m.

Place: 881 Broadview
Cost: FREE

Anti-semitism and You (for teens)

Unfortunately most of us have had occasions where anti-semitism has raised its ugly face. How does one deal with the problem of anti-semitism at school, the workplace or anywhere?

This program will not only teach participants how to deal with anti-semitic incidents, but will also teach them about the origins and history of anti-semitism.

Date: February 4-25, 1991
Time: Monday, 7:00-8:00 p.m.
Place: 881 Broadview
Cost: \$10.00

The Media and Israel — What You See and Hear Isn't Always What You Get. (for teens)

This interesting and innovative program will answer questions on how Israel is treated in the media. Weekly discussions will deal with editorials, commentary, and opinions, distortion, why different political events have different slants in different papers, and why the Jewish media takes a different slant on events happening in Israel.

Date: March 4-25, 1991
Time: Mondays, 7:00-8:00 p.m.
Place: 881 Broadview
Cost: \$10.00

Russians being settled in remote regions

JNF roads link rural areas to main centres

As Russian immigrants pour into Israel by the thousands, establish homes and find employment in the nation's remote regional areas, according to Neri J. Bloomfield, national president of Jewish National Fund of Canada, "Jewish National Fund (Keren Kayemeth Le'Israel) has undertaken a crash program to build new roads linking rural settlements with the principal populated centers."

In the northern border sector, JNF road crews are working on the Sassa-Biranit and Margolit-Sassa highways to facilitate commuting to distant work places while at the same time improving security and providing work opportunities for newcomers.

In the Galilee the Aviv-Avtalion and Aviv-Kochav roads are being consolidated by JNF to shorten the commuting distance from Galilee to the Haifa Bay industrial area and in this way make settlement in the Galilee attractive for immigrants seeking fresh air residential communities and modern work places.

In the Gilboa region, JNF is connecting the Maaleh Hagilboa Road to link with the

Meirav and Beit Alpha road-way in order to speed transportation and contact to a number of regional centers.

JNF is no stranger to the southern Negev region and the Arava which borders the Kingdom of Jordan from Dead Sea to Eilat. The many settlements in both these areas were made possible through land infrastructure created by JNF, as were many of the regional and frontier roads.

More accessible

Now, with the settlement of many new Russian immigrants imminent, JNF road crews are occupied in building the Ruhama-Beit Kama Road in order to make Beersheva, the principal employment center in the Negev, more accessible to communities and settlements of the western Negev.

An improved road between Mitzpeh Ramon in the Negev highlands and Eilat, Israel's southernmost point, will shorten travel time between Eilat and the center of the country by 45 minutes and will boost the status of the remote development town of Mitzpeh Ramon, which hopes to draw



A new road completed by JNF in the Galilee. To accelerate contact between outlying and development areas, where many Soviet immigrants will settle, and central Israel, JNF is building and consolidating hundreds of kilometres of roads in all regions of Israel.

thousands of Soviet immigrants.

The accelerated consolidation and construction of roadways in development areas in many regions of Israel is but part of Jewish National Fund's overall program of making

more land liveable for newcomers from the Soviet Union.

JNF already has completed, or is working on, the preparation of land infrastructure for tens of thousands of housing

units in Eilat, Ashdod, Tiberias, Sde Boker, Re'ut and scores of settlements in the Galilee Region, as immigrants find their way and build new family life in the long-awaited freedom of the Jewish State.



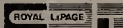
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Diane Holmes
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for the
GST.**



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the time to
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by non-profit organizations. Revenue Canada is ready to assist you with information on:

- How to register and the benefits of doing so
- What the GST means to your operation
- Simplified accounting options and administrative procedures
- Rebates of the Federal Sales Tax
- How to recover GST on business purchases
- GST return and filing options

Contact us today.

Drop by the
Revenue Canada
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Monday to Friday,
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form at your local
Post Office.

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R.S.V.P.

Request for Senior Volunteer Programs

Keep up your Yiddish by leading a group of Yiddish Seniors. Call Dorothy at 236-1732.

Turn your empty hours into meaningful times. Help an isolated senior. Call Bev at 235-0000.

A.L.L. needs help in setting tables for luncheons. Call Ricki at 238-1878.

THE JERUSALEM NOTEBOOK

By Justin Cammy

Christmas Eve 1974. My father and I are driving along in the neighbourhood past mounds of red and green snow beautifully illuminated by holiday lights on the surrounding trees and homes. The radio is on. An announcer excitedly interrupts a song and explains to the "boys and girls of Ottawa" that radar has just located Santa Claus and his reindeer in the area. Sniffles and tears from the backseat force my father to stop the car. Between hyperventilating and wiping my seeping nose on my sleeves, I managed to blurt out: "Santa won't be visiting us this year...because we're...JEWISH!"

Around the time of Christmas perhaps it is to be expected that a North American Jewish child might occasionally feel some degree of disappointment with his/her religion, an uncontrollable result of living in the Diaspora. Santa Claus is in every mall, the neighbours all have decorated trees. On television, our favourite stars become involved in Christmas specials, such as "The A-Team Rescues Santa's Drowning Elves." In public schools, Jewish children learn Christmas carols along with their friends, such that I personally know the words to over 15 songs that praise the birth of Jesus. Even today, when my father, brother, and I are in a singing mood during the winter our favourite piece is "Silver Bells."

We all realize that with the constant reminder of shopping days left until December 25, Christmas has receded from much of its original religious intention. As such, it has managed to become part of our national culture. A Canadian should undoubtedly identify with Christmas as much as he does with the Mounties or poutine.

For Jews, therefore, Christmas becomes the ultimate reminder of our minority status, of us being different from them. Once one is older, the realization of our difference is a source of Jewish pride. However, for our youngsters who have not yet acquired the full meaning of being Jewish, who have not had the opportunity of learning about the variety of religious parables, axioms and aphorisms that continue to hold sources of meaning and strength, Christmas contributes to a feeling of alienation.

Of course, in December we teach our children about the heroism of the Maccabees and the miracle of Hanukkah. We trust that through the lessons of this celebration, our children will feel a pride in being Jewish. However, we sweeten the deal, as it were, by giving gifts every night so that our little ones don't feel deprived when comparing themselves to their Christian contemporaries. Thus today, in many parts of North America, Hanukkah itself resembles Christmas. We give many presents. We have electric hanukkahs complete with coloured Christmas-type bulbs. Some even have, and he who thought about it first should be thrashed about mercilessly, Hanukkah bushes.

The general similarities that can be drawn between Christmas and Hanukkah, two completely different holidays in meaning, is an indicator that we may have, in our attempt to remain distinct and proud while still fitting into society, accidentally pulled the external trappings of our celebration closer to the Christian ones. Should this be the case, and I am not completely sure that it is, then Christmas as well as Hanukkah have been undermined.

This last point brings us here, to Jerusalem. In Israel, the birth and death place of Jesus, the approach of Christmas is quiet and dignified. Neither *The Jerusalem Post* nor *Maariv* have carried ads indicating the shopping days left until December 25. I dare say that this year my respect for the day will rise as Christmas remains what it always should have been, a holy day.

As for Hanukkah and me, this is the first year that my holiday will be celebrated by the majority. In Israel, Hanukkah will be accompanied by an enveloping sense of belonging while, at the same time, the significance of the occasion will be paralleled by the modern day equivalent of the Maccabees — Israel defending herself with pride and energy against renewed threats from the Arab world.

A happy Hanukkah to all from Jerusalem.

As always,
Justin.

Justin Cammy is an Ottawa student currently studying at the Rothberg School for Overseas Students of the University of Jerusalem.

MDA presents meaningful gift to Gur-Arie's at farewell reception

More than 125 friends and admirers gathered at a reception at the Kinneret recently to bid farewell to Ambassador and Mrs. Israel Gur-Arie.

The reception, sponsored by the Eastern Ontario Chapter of Magen David Adom for Israel,

was held to announce that a special gift of medical equipment was being sent to the people of Israel through Magen David Adom, in honor of the Ambassador and his wife.

In presenting a plaque to mark the occasion, Abe

Klugsberg, co-chair of the local MDA chapter with Pamel Miller, said, "We wanted you to have a token of our appreciation and gratitude for all you have achieved during your stay in Canada. We felt that a gift to the people of Israel, rather than a personal memento would be most meaningful to you."

Accepting the plaque, the Ambassador commented on the uniqueness of the Jewish people, their compassion for others, and their devotion to the sanctity of life. The ambassador continued by saying that MDA had played an active role in his personal life. His wife had suffered serious injuries at one time and as a result lost a great deal of blood. It was the immediate response of an MDA ambulance crew that saved her life.

The program, chaired by Sam Litwack, Special Projects chairman, was attended by a host of area representatives. Dr. Eli Rabin, president of the Ottawa Vaad Ha'Ir, brought greetings from the Jewish community.

Paul Saxe, founding national president of Canadian Magen David Adom for Israel, brought greetings from the national board of directors. After briefly describing the role of MDA, Mr. Saxe stressed that the increased ally of Soviet Jews places an additional strain on MDA and requires an expansion of its facilities and activities.

Thanks were given to those in the community who had voluntarily contributed to the gift of medical equipment. Additional equipment will be donated in honour of the Gur-Arie's as future contributions are received.

Contributions may be sent to: Canadian Magen David Adom for Israel, P.O. Box 6978, Station "J", Ottawa, Ontario, K2A 3Z6. Further information may be obtained by calling Sam Litwack at 738-7778 or Abe Klugsberg at 820-7827.

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POSITION:

A full-time position, the successful applicant will report to the Executive Director. This position deals with all areas of State of Israel Bonds — invoicing, processing payments, deposits, financial reports, correspondence and other duties as assigned.

QUALIFICATIONS:

Communication and Written skills
Administrative and Organizational skills
Typing skills
Experience in working with volunteer leadership
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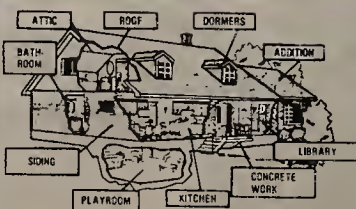
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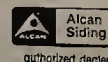
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*Wrong to make a fantasy***Let's be candid—family life can be a disaster**

By Marlene Adler Marks
LOS ANGELES (JTA) — This is the so-called Age of the Family, when many of us sing along with Barbara Bush, buying into all the old propaganda: that the family is a safe haven; that it loves us when no one else will. And large families are back in style now, especially among Jews who fear Zero Population Growth.

So it seems important to be candid about this: Family life can be a disaster. We are wrong to make a fantasy out of it. We all need families of course; the link between generations keeps us from floating in an abyss of alienation.

An ugly side

But it is nevertheless true that there is an ugly side to family life. Envy, jealousy, competition — this is what we learn at the familial hearth, alongside love, sharing and waiting your turn for the bathroom.

We all want to be No. 1 in the eyes of our parents, and this primitive urge, this basic drive, which continues through adult life, is why the family, perhaps more than any other human institution, is the vortex of emotion and passion. The family resists civilization, and is too often ruled by the law of the jungle.

Only a fool would mistake the desire for and the love of children with the sometimes sorry relations between grown-up fathers and sons, mothers and daughters. Generation after generation, the blood

never learns from its mistakes. It's a wonder we don't kill each other more often.

These thoughts have been with me since around Memorial Day this year, when my father received a phone call.

"Jack, it's me, Murray." For 15 years, we had not heard a word from my father's youngest brother. Murray's absence lingered like an amputated leg. He was missing, but he was not gone. Not hardly.

We noticed what Murray did not do — the gifts he did not send, the condolences he did not offer — just as we might have noticed what he did do, had he been around. My father would grimace with disappointment and I learned from his heavy heart that all the best wishes in the world could not put some things right.

"I have cancer," Murray said now. So he was coming back to us after all. On Oct. 1, Murray died. And 17 days later, in a bizarre coincidence echoing eerily of wish fulfillment, his apparently healthy wife, Roberta, died too.

Good go sour

What is there about families that makes good beginnings go sour? Murray had been my favorite uncle on my father's side. "Gotecha nose!" was the game he played with us children, winning our eternal devotion.

When he married Roberta, I was their flower girl, carrying my basket down the aisle the

year Grace Kelly married the Prince of Monaco. I was in love with my aunt and uncle. He was my father's handsome "kid" brother, almost a kid himself with a broad open face and clear, friendly eyes. He was our future, and everything seemed possible.

But children are no judge of character. Only a few years later, Murray and his father had a fight, and when he was ultimately left out of Pop's will, he played the sullen role of Esau, vowing retribution against his three brothers and sisters for his missing birthright. But how could Murray get justice from them? Only Pop could make him whole, and he was gone.

Reluctant stand-in

"What a waste!" my father would say. He was visiting Murray every week now in the hospital, watching his fine, athletic form deteriorate into an old man. "He still talks about the money! He still insists on his innocence!" As the oldest surviving member of the clan, he was now, reluctantly, the stand-in for Pop.

"Murray, forget it!" Jack said. "I forgive you. We all forgive you. It's too late for this now!" Dad's despair was mounting, and even from my distance, I could feel the anger, too. Murray, damn it, had dropped back into his life, bringing with him not only the old love, the old hate, but the old responsibility, too. Who would sit shiva for you, old

*It is nevertheless true
that there is an ugly
side to family life...*

buddy, if you did not come to me?

But through it all, Jack would turn away, and would only say, "What a waste!"

There's nothing new about any of this, of course. Brothers parting. It's a story as old as the biblical Jacob, as eternal as Arthur Miller. As right as Barry Levinson's new movie, "Avalon." The box-office success of this immigrant saga says a lot about the present-day hunger for family; we, like Levinson, are baffled that so much love could go so wrong. And Lou Jacoby's Uncle Gabriel offers the key, I think.

Most of "Avalon" is so generic — so antiseptic — you'd never think this apparently Jewish family ever ate a knish. But Uncle Gabriel, the oldest of the four Krechinsky brothers, links the family to a past it would rather forget. He brought over each of his brothers; he held the family together as the newcomers struggled to adapt.

No longer needs patriarch

"You'd be nothing without me!" he spits out, and he is right. But after a generation,

the family no longer needs a patriarch, no longer needs each other either, to be truthful. It's all nostalgia now. And so, when the day comes that the brothers, cousins and nephews decide to cut the turkey without waiting for Gabriel to show up, there is hell to pay. Jacoby, his face bloated with "gribness" (fat renderings), his eyes full of envy, foaming with neglect, drives away, taking the dream with him.

Made a promise

When we were children, my brother and I, watching the interminable spectacle of our family's bloodletting, promised each other we would never part.

"This will never happen to us," we said. We still hope it won't. But we are not better than Murray and Jack, nor above Uncle Gabriel. Not really. We are just as prone to the petty, just as victimized by the trivial. If we act better, more loving toward each other, if we keep things at a lower boil, perhaps it's because there are fewer of us to fight.

Marlene Adler is the managing editor of the Jewish Journal of Los Angeles, where this first appeared.

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Sadly, child abuse is a Jewish problem, too

By Ian Kagedan

The family is the most basic social unit, the locus of the transmission of societal values and norms; it is where personality is moulded.

Judaism's appreciation of these facts is apparent — a great deal of space in our tradition's literature, whether the literature of law and custom, or belles-lettres, is devoted to the family and family relationships.

Some have observed that our endurance as a people is thanks to the vitality of the Jewish family.

While the reputation of the Jewish family may be a comfort, it is also a challenge to achieve. The complex of dynamic relationships which is the family is capable of sustaining many stresses but sometimes stresses become overwhelming, and the system begins to break down.

Children bear brunt

The weakest elements in the system bear the brunt of the breakdown. These are invariably the children. Sometimes what they bear is physical abuse. Sometimes they die.

In virtually all situations where child abuse may be present, intervention can prevent tragedy. Intervention of whatever sort is only possible when there is a readiness to acknowledge that a problem exists.

The high value our community places on family life, and the consequent stigma attached to dysfunctional families, may serve to mask problems, even deny them. We have to come to terms with the fact that child abuse is a problem in the Jewish community as it is in any other. As a community, we have to expand our resources to deal with families in crisis.

An article by Suzanne Daley in the *New York Times* of 19 November details an incident of child abuse in which an eight-year-old mentally-retarded Jewish boy died.

The author describes the circumstances: "beaten unconscious...his skull fractured and one leg twisted so viciously that it broke."

The very fact that this case merited an article in the *New York Times*, when it occurred in a city which is no stranger to child abuse cases, itself confirms the perception that 'such things don't happen in our community.' But they do.

The article is also about a network of facilities — courts, foster homes, social service agencies — sometimes failing for lack of co-ordination, sometimes simply for lack of resources.

Although the setting is New York, it could be right here, too.

What follows is an edited version of what Suzanne Daley reported. The headline read: "A Child's Death Prompts Questions of How Efforts Failed to Save Him."

Like many others before him, this child was known to child welfare officials long before he was beaten unconscious in September, his skull fractured and one leg twisted so viciously that it broke.

And once again, the death of a child, in New York City is raising familiar questions about caseworkers who appear to have acted at cross purposes, city agencies that do not seem to know what the other is doing and how a trail of concerned school officials, neighbours and social workers somehow failed to save a child.

More than a week after his death, much about the case remains beyond public scrutiny. It is buried in confidential files of the Family Court, the Probation Department, the Human Resources Administration, the state's child abuse hot line and a private foster-care agency.

Suffered horribly

But what cannot be disputed is that in a Jewish community steeped in a tradition that reveres family life, an 8-year-old mentally retarded boy suffered horribly, probably for a long time.

One apparent consequence of confidentiality is that several agencies can end up with pieces of information about a family, unaware of what others know. When it is too late, it is almost impossible for the public to know who, if anyone, is to blame.

"Whenever a child dies of abuse or neglect it is a tragedy," Barbara J. Sabol, head of the Human Resources Administration, said this week. She promised to review her agency's procedures and to make changes if they are needed. But she has refused to discuss what happened.

While details differ, there is much about the young victim's story that recalls other child abuse deaths. In 1988, a 5-year-old Brooklyn girl, was found dead of a broken neck in her mother's apartment. The authorities discovered that she had been sexually abused and beaten over a period of months.

In that case, too, child welfare officials had known for years the children in her family had been abused. But a Family Court Judge had awarded her mother custody of her children without being told of any past allegations of child abuse. At one point, two different caseworkers, unaware of each other, were investigating the family.

Known to officials

Child abuse experts say that about half of the children who die of abuse in the United States are known to child welfare officials before they are killed. Last year in New York City, 105 children died. Forty-two were known to welfare officials.

Some die despite efforts by social workers because there is no way to predict who will lash out and kill. But others die tumbling through the cracks created by overburdened, uncoordinated bureaucracies.

"For many of these families, there are many agencies involved," said Jane Knitzer, the executive director of a child advocacy group, Citizens Committee for Children of New York. "And still the kids die."

It is not clear exactly what happened in this case. But this much is known:

Mother pleaded guilty

In 1986, our young victim's mother pleaded guilty to attempted assault after beating her eldest son, who was taken to the hospital in a coma, his body bruised and covered with puncture wounds that the police said came from a fork and a spiked hair brush.

Foster care

The children went into foster care with Ohel Children's Home and Family Services, a private foster-care agency under contract to the city, and the mother was sentenced to five years' probation. But by the fall of 1989, the couple, in their mid-30s, had their four

children back at home.

It was at that time that city welfare officials appeared to go in two directions at once, an official familiar with the case said.

Petition withdrawn

On November 28, a city social worker went to the 5 year old's school investigating a new charge of abuse, a school guidance counsellor said. The same day, the Human Resources Administration withdrew a petition in Family Court that could have kept the boy in foster care and maintained the city's legal supervision of the family, said the official familiar with the case, who requested anonymity.

Six months later, it was the Department of Probation that took action. Unaware of new charges of child abuse, the Probation Department reviewed the mother's case and decided to end its supervision of her.

The probation Commissioner, Catherine M. Abate, said the department knew of no problems in the family. The mother had not violated her probation or had any new arrests.

Two efforts made

Ms. Abate said the department's files showed two efforts were made to get information from the child's welfare system. Each time the probation officer was told the information was confidential. School officials and Ohel agency officials said that, between them they had tried at least eight times in the last year to alert the city to problems in the household.

They got in touch with social workers at H.R.A. five times, they said. And, three times, they called the state's child abuse hot line, which should have automatically prompted a formal investigation.

But on September 29, the eight-year-old, who school officials said often arrived at Public School 205 with bruises, was admitted to a Brooklyn hospital in a coma. He died two weeks later. The police said they had no reason to believe

that his father was involved in the killing.

The boy's death comes after the city's child welfare agency has hired hundreds of caseworkers to reduce the workload for those who investigate charges of child abuse. In recent years, caseworkers have handled an average of about 40 cases; now the average is 12.

But advocates and union officials say problems still persist. Caseworkers are inundated with paperwork, struggling with antiquated information systems and facing chronic shortages of basics like telephones and copying machines.

And, perhaps most important, many have little experience because of high turnover rates and rapid expansion in the department. Even some of the supervisors have been on the job only a year or two.

Mrs. Sabol said she could not explain what actions were taken in this particular case because she was bound by the law to keep the records closed. "Of course, this is frustrating," she said. But it goes with the job. Confidentiality is very important and if it means my back is against the wall and guns are pointed at me, so be it."

Strict confidentiality was established to protect the privacy of families and to encourage people to report abuse without fear of retaliation. But some advocates say that it often also masks failures by the agency.

As is usual in the death of a child in New York City, H.R.A.'s Fatality Review Committee, a panel of agency-appointed outside experts, will review the agency's efforts and make recommendations. The panel's conclusions are usually made public once a year.

Ms. Abate said she too intends to review her department's actions. Probation officers now handle an average of 160 cases, 100 more than state guidelines recommend.

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Aches and pains significantly alleviated

Arthritics find relief in the Dead Sea waters

By Sharon Kanon

Sore joints, morning stiffness, and swollen fingers — the aches and pains of chronic arthritis sufferers — are significantly alleviated by treatment at the Dead Sea in Israel. The treatment — mud packs and sulphur baths — is called balneotherapy (using baths or immersion).

Nature has endowed the Dead Sea region, the lowest spot on earth (400 meters below sea level), with a rare combination of health-giving properties. The concentration of chemicals in the Dead Sea is deadly for multicellular organisms and plants (hence, its name), but rejuvenating for bathers.

Floating is easy

Floating easily in the heavy waters, bathers can tan without worrying about dangerous short ultraviolet rays which are filtered out by the haze that rises above the sea. Bromines, in the air and in the sea (50 times more concentrated than in the oceans) relax the muscles and the nerves.

The main health resort area on the western shore of the Dead Sea (biblically called the Sea of Salt because it has 10% more salt than the Mediterranean) is renowned for its many thermal mineral springs rich in sulphur and other minerals. It also has a large natural concentration of mud especially suited for therapeutic purposes.

Until recent publication of a study in the prestigious *Annals of Rheumatic Diseases*, the

beneficial effects of balneotherapy were shrugged off by some members of the medical establishment. Skeptics maintained that sulphur baths and mud therapy should only be used after hospital care achieved a remission of symptoms. The doubters questioned both the efficacy and the safety of spa baths.

Scientific investigation

Professor Saul Sukenik, Head of the Rheumatology department at Israel's Ben-Gurion University of the Negev, has conducted a scientific investigation that proves there is more to the treatment than mind over matter. The study focused on forty patients with severe active rheumatoid arthritis. They were divided into four treatment groups: I. Mud Packs; II. Sulphur Baths; III. Mud Packs and Sulphur Baths; IV. A Control group.

Safety and improvement

Putting pre-conceived notions aside, the study hoped to determine whether or not a particular treatment helped the patients. Was it safe? Would the control group also show improvement?

Clinical assessment measured duration of morning stiffness, fifteen-minute walk time, hand-grip, and swollen fingers (the circumference of interphalangeal joints), and the number of active (inflamed) joints. All patients were assessed by one rheumatologist who had no access to the mode

of therapy.

The investigator observed statistically significant improvement for a period of up to three months in the three treatment groups. The improvement found in the control groups was minor in comparison. Except for three mild cases of thermal reaction, there were no side effects.

Generally speaking, somewhat better results were obtained with the mud pack/sulphur bath combination, but in some clinical parameters better results were seen in Group I or Group II. The maximal therapeutic effect was usually observed at the conclusion of the treatment period and lasted between one and three months.

Physiological changes

Professor Sukenik points out that "although the mechanism by which spa therapy works is not fully understood, immersion in spa water causes many physiological changes. Hydromechanical and thermal stimuli can influence muscle tone, joint mobility, and pain intensity."

In another mini-study, suited to the stay-at-homes who cannot afford a two-week vacation, Professor Sukenik monitored the effects of baths with waters from two sources — the Dead Sea and the Mediterranean Sea. Fifteen patients were assigned to each treatment. Only the group using the Dead Sea waters experienced a significant improvement within



Bathing in pool of heated Dead Sea water at Israel's Moriah Hotel. (Photo: Joel Fishman)

the two-week period.

Although the reasons for relief of arthritis sufferers are not yet known, the latest search confirms the therapeutic

reputation of the wonder mud, the thermal springs, and the soothing Dead Sea itself — a reputation centuries old.



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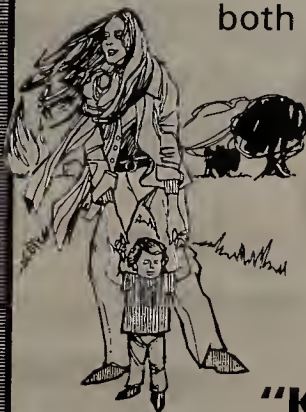
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OTI curriculum views study of sciences as priority for pupils

The Ottawa Torah Institute recognizes that science is the wave of the future. Advances in the scientific and technological fields are being made every day.

Students at OTI study physical and biological science, physics and chemistry at the junior, senior and OAC levels.

"Physics is not simply the learning of theorems and laws," says John Brooks, the physics and chemistry head, "but also the understanding and appreciation of how these laws and principles are applied to better mankind."

The Grade 12 physics class recently visited one of the laboratory groups used by research scientists at the National Research Council in Ottawa.

Dr. David Rose showed the boys a lab where scientists examine the structure of protein molecules, particularly types concerned with the spread of cancer.

The boys were also impressed with the X-ray machines, their detection systems and the computers used to gather the vast amounts of data provided, shrinking what was weeks of painstaking measurement into a matter of minutes.

Dr. Rob Campbell demonstrated the computer graphics system which enables the scientists to view the data, related to thousands of atoms, from all angles and magnifications.

In another laboratory the



Yitz Stern and Yoni Gross, students in the grade 9/10 Physical Science class construct a model of a complex molecule using elements which include carbon, nitrogen, hydrogen, oxygen, chlorine, sodium and potassium atoms.

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From '65 and Still Not Over

They came from all over, to celebrate Hillel Lodge's 25th Anniversary. Ambassadors and aldermen, Hillel pioneers, residents, and volunteers gathered together in joyous celebration. In the centre of it all was Betty Finkelman, maestro of this merriment. Meanwhile, back in the kitchen, Goldie Cantor, Miriam Levitin, Paulette Litwack and Co., were busy preparing for the event.

Even though the room was beautifully adorned with colourful decorations, it was the people who gathered, that gave it majesty. They graced the room with their presence and filled it with their past. For a second it looked like in the music played by Evelyn Greenberg and the splendor, the guests would retrieve those days gone by. In their effort to recapture the past, fact and fiction soon began to meld together forming an indistinguishable union between emotions and thought. Stories glorifying the days of yore, competed with tinkling spoons, clattering plates and jarring memories.

There were pictures everywhere. A quick scan showed the faces of yesterday frozen in time and space. A more careful look revealed either illustrations of hope, or snapshots of action.

I stood in the middle of the "threes" of history both a part and apart, wishing I could have been there. The activity sparked and sparkled with the lighting of the 25th anniversary cake. Despite the brilliance of the cake, the real point of reflection for everyone was 1965. For some a long time ago — for others the blink of an eye.

The candles burned with Jewish tradition, symbolic of a blessing that the Women's Auxiliary has always bestowed on Hillel Lodge. That blessing is to fill each day with meaning in the comfort of knowing there are people who care.

Memories are very precious especially at Hillel Lodge, that is why we offer Yartzeit plaques in the beautiful Abraham and Dora Lithwick Chapel, to commemorate the loss of loved ones. The funds go directly to help the residents enjoy the quality of life they deserve.

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3	Teen 1/2 Day Lessons* (age 13-17)	M-\$155 NM-\$185	M-\$50 NM-\$50	M-\$90 NM-\$95
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2. In person, at the JCC Program Office, 151 Chapel Street.
3. Deadline for Ski Program registration, December 31, 1990.
4. Rental measurements will be done on Monday, January 7, 1991, 7:00 p.m. at 881 Broadview Avenue. (Chapel). All skiers who need rentals should be present to ensure proper fit of boots and skis!

NOTES:

Phone-in registration will NOT be accepted. The JCC reserves the right to limit registration based on programs or transportation restrictions. Ski tags and group information will be mailed to you in early January.

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Cours

Le bridge, les ordinateurs, le conditionnement physique, la peinture, le Tai Chi, et le yoga sont parmi les cours très intéressants offerts par la Division des aînés. Les cours débutent la semaine du 21 janvier dans de nombreux centres communautaires et centres pour aînés de la ville. Pour vous inscrire, communiquez avec nous au 564-1017 avant le 11 janvier 1991. Jouissez de l'expérience de moniteurs compétents à un coût abordable.

Drop in Programmes and Clubs

Clubs and drop in programmes offer the opportunity to practice a skill in a relaxed, friendly atmosphere. Programmes range from more active ventures such as carpet bowling and walking clubs, to interest programmes such as card playing, movie clubs and woodworking.

Programmes portes ouvertes et clubs

Les programmes portes ouvertes et les clubs offrent la chance aux aînés de s'adonner à une activité dans une atmosphère amicale et décontractée. Tout un éventail de programmes sont offerts, depuis les quilles sur tapis et les clubs de marche jusqu'aux programmes d'intérêt particulier comme les parties de cartes et les clubs de cinéma.

Trips

Year round day trips to places of interest in and around the Ottawa area promise to please the most discriminating traveller. This winter we feature trips to destinations such as Montebello (cross-country skiing), Brigadoon Bay (lunch/entertainment) and St. Eustache, Quebec (Sugarbush).

Excursions

Toute l'année durant, des excursions de jour dans Ottawa et ses environs devraient plaire aux voyageurs même les plus difficiles. Cet hiver nous offrons des excursions à Montebello (ski de fond), à Brigadoon Bay (lunch et divertissement) et à l'Érablière de Saint-Eustache.

Leisure Counselling

This service is designed to help individuals to select and locate recreation programmes and services within his or her field of interest. The senior adult recreation staff in your area would be pleased to meet with you to discuss the recreation services available to you.

Service d'orientation en loisirs

Ce service est conçu pour aider les gens à choisir et à trouver des programmes et des services récréatifs qui correspondent à leurs intérêts. Le personnel de votre secteur affecté aux activités de loisirs à l'intention des aînés dans votre secteur serait heureux de vous rencontrer pour discuter des ressources récréatives disponibles.

Assistance to Clubs

Our qualified staff are available to assist your club with:

- the planning of recreational activities
- submitting of grant applications
- drafting of a constitution
- chairing elections
- training of club executive members.

Aide aux clubs

Notre personnel qualifié serait heureux de mettre ses connaissances au service de votre club. Nous pouvons vous aider à planifier des activités récréatives, à rédiger une demande de subvention ou un acte constitutif, à tenir des élections et à former les membres du comité de direction de votre club.

Workshop

A workshop entitled How to use the media will be offered at the St. Pierre Community Centre, on April 22, 1991. Meet local personalities and learn how to effectively promote your groups activity. Register early by calling 564-1015.

Atelier

Un survol des techniques et des idées de levée de fonds seront présentées afin de vous accompagner dans vos prochaines activités de façon prospère. La rencontre aura lieu le lundi 8 avril 1991, au Centre communautaire St-Pierre, 353, rue Friel. Veuillez-vous inscrire avant le 22 mars en composant le 564-1014.

Calendar 1991

The 1991 Seasons of Leisure calendar, produced by the Senior Adult Division pays tribute to the volunteers who make the programmes successful. For your free copy, call 564-1017.

Le calendrier 1991

Le calendrier Les saisons du loisir, produit par la Division des services aux aînés, rend cette année hommage aux bénévoles qui contribuent grandement à faire un succès de nos programmes.

For information

Please call our registration office at 564-1017, the registration clerk would be pleased to refer you to the recreation staff person in your area.

Pour obtenir des renseignements

Veuillez communiquer avec le Bureau d'inscription, au 564-1017 et le commis aux inscriptions vous mettra en communication avec le responsable des loisirs pour aînés de votre secteur.

Financial assistance is available, if required, for participation in municipally operated programmes.

De l'aide financière est disponible, sur demande, pour la participation à des programmes municipaux.

Ostrovsky book circuitous and improbable

Imagine! Mossad motivated by fame, greed!

By Sheldon Engelmayer
NEW YORK (JTA) — *By Ways of Deception: the Making and Unmaking of a Mossad Officer*, by Victor Ostrovsky and Claire Hoy, New York: St. Martin's Press, 371 pages. \$22.95.

Here is a shocking piece of news. Agents of the Mossad, Israel's external intelligence agency, do business the way most intelligence operatives do. They lie, cheat, steal, bribe, seduce, blackmail and, sometimes, even kill.

The book has made headlines around the world because it supposedly bares the innermost secrets of the Mossad. It is the work of Victor Ostrovsky, a Canadian Jew raised in Israel who spent four years in the Mossad. He told all to Claire Hoy, a Canadian journalist and author of exposes.

If one is to believe

What Ostrovsky told Hoy is shocking, indeed. If one is to believe "By Way of Deception," Israel's superspies do the things they do for all the wrong reasons — fame, power, greed, lust and so on. Patriotism rarely enters the picture.

Take Operation Moses, for example. The rescue of black Jews from Ethiopia and the Sudan was organized by the Mossad. Why? Because Jewish lives were at stake? Because it was the right thing to do? Because Prime Minister Shimon Peres had ordered the Mossad to do it? No, according to this book. Rather, the Mossad chief who headed the department "whose sole purpose is to save Jews wherever they are threatened" was looking for his place in posterity. "I want an Entebbe for me," he tells an aide. "I want to go down in history."

Humans are humans

Doubtless, the Mossad has people who are basely motivated. Humans are humans, but surely not everyone's motives are so impure. The assertion that is an improbable one. Improbability, however, is the stuff of which this book is made.

It also is made of poor writing and poor editing. This is the kind of book that could be used in creative writing courses to teach would-be authors how not to write and would-be editors how not to edit. It is sloppy work, from cover to cover.

The sloppiness has resulted in factual errors that pepper this book. For example, at one point the reader is told that a Parabellum is a pistol much like a Luger. As it happens, a Parabellum is a Luger. It is a small matter, to be sure, but it speaks volumes about the book's accuracy.

Sweeping generalizations

The book is also filled with sweeping generalizations. For example, the authors assert that Israel's media "is never a problem to control." They print or broadcast what they are told, period. That is why Operation Moses was able to succeed for as long as it did.

In making this assertion, the authors ignore completely the army of foreign journalists, many of whom also knew about Operation Moses but kept the news to themselves so

as not to jeopardize the rescue effort. Only the Israeli media is cited and the reason given for their withholding the story is Mossad control over them.

It is true, of course, that Israel's censorship laws can keep news out of the public domain. Yet one need only recall the spate of scandals bared by the Israeli media over the years (including the current one involving Interior Minister Arye Deri) to realize that the media rarely lets a little thing like censorship get in the way of a good story.

Shoot down

The authors, however, also shoot down their own assertion. After making a big deal about Mossad control of the media, they claim that Operation Moses was aborted when an obscure Israeli newspaper, *Nekuda*, published the information. This is not new (it also is not why the operation was scrapped). It does attest, however, to how well the Mossad controls the media.

Setting aside the question of whether this is a good book from the point of view of the writing craft, the question is whether this is a truthful book. Only someone intimately familiar with the incidents the authors describe in "By Way of Deception" can say for certain. From the beginning, however, the improbable nature of many of its revelations gives the reader the feeling that the only deception here is calling this a work of non-fiction.

Get inside dope

The book begins in France in August 1978, when Israeli agents attempt to compromise an Iraqi scientist in order to get the inside dope on Saddam Hussein's nuclear reactor.

The authors repeat several times that Israel needs the information in a hurry. (Only after several such references is it made clear that in a hurry means five to six months. Until then, the reader is left wondering why the Mossad agents are taking their time on this operation.)

To get the data, they target a scientist named Butrus Eben Halim. The agents, however, have no idea whether Halim is the right person. Nevertheless, the authors claim that the Mossad sets up an elaborate scheme to trick Halim into revealing the vital information.

Seems improbable

Considering the need for speed, this seems improbable, but it is only the beginning. As the plan unfolds, for example, the beautiful Dina, using the name Jacqueline, goes door to door in Halim's apartment building, posing as a student selling perfume to help pay her way through school. The idea is for her to get a good look at Halim's wife Samira, although why is unclear.

"Better still," the authors state in a 64-word sentence of a type that is common to this book, "Samira invited 'Jacqueline' in and poured her heart out to her about how unhappy she was, how her husband had no drive to succeed, how she had come from an affluent family and was tired of using her own money to live on, and — bingo — how she was going home to Iraq in two

weeks because her mother was having major surgery."

After Samira spills her guts to the Avon lady, the two become friends and "Jacqueline" takes Samira to her hairdresser so that the Mossad could bug the Halim home. The bugs helps the agents discover that Halim has an eye for beautiful women.

The beautiful woman

Enter the beautiful woman at the bus stop. "Butrus Eben Halim could be forgiven for noticing the woman," the authors state. "After all, she was a sultry blonde, given to wearing tight pants and low-cut blouses, revealing just enough of herself to pique any man's desire for more."

The reader is certain he or she knows what will happen next. Many a secret has been revealed in the heat of illicit passion or because of it. The reader, however, is denied in this case. Almost as soon as she enters, the sultry blonde is gone. Her sole purpose was to get Halim, waiting at the bus stop to go to work, to notice a red Ferrari and the man driving it. As soon as Halim and the driver, who calls himself Donovan, link up, exit the beautiful woman.

Actually Mossad agent

Donovan, who claims to be a well-to-do British businessman, actually is a Mossad agent named Ran. Out of the clear blue sky, he stops picking up the blonde every morning and starts picking up Halim, who tells his new friend that he is a student. Here is where Ostrovsky's inside information really pays off. He is able to get inside Donovan/Ran's brain to tell us what he thought when the 42-year-old Halim claimed to be a

student ("a rather old one, Ran thought to himself").

The authors do not mention where Donovan/Ran drove Halim in the mornings, but it is a safe bet that it was to work. In that case, the agent must have gone out of his way to play the fool because he never bothers to ask Halim what a student is doing working at a high-security nuclear facility.

There is much more to this story, but it is already circuitous and improbable enough. If Ian Fleming had devised a plot like this, 007 would have ended up as one big zero. This book is filled with such things.

Improbable timing

The most improbable aspect of the story, however, is its timing. It begins to unfold eight months before Ostrovsky is recruited into the Mossad, yet his knowledge of the operation is so intimate he can even describe an agent's thoughts at a particular moment.

Specifics omitted

Judging from the news reports, one would expect that the most shocking piece of news in this book is that the Mossad knew that the U.S. Marine bar-

racks in Lebanon would be bombed, but withheld that information from the Americans. Actually, the book claims that the Mossad did warn the Americans, but only in a general way, leaving out the specifics.

The Mossad long has been a source of pride for many Jews, in Israel and throughout the Diaspora. Jewish chests puff out each time someone notes that even the U.S. Central Intelligence Agency considers the Mossad the best in the business.

Government to blame

It is a pity, therefore, that it will be judged in part by this book. For that, the Israeli government has only itself to blame. If it had not attempted to suppress the book, it is doubtful many people would have taken it seriously. It is almost certain that it would never have become the hottest book in the bookstores.

Sheldon Engelmayer is the former executive editor of the *New York Jewish Week*. He is the author of seven books, and a three-time winner of the *American Jewish Press Association's* award for distinguished editorial writing.

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In loving memory of my precious sister-in-law and dear friend Doris Baylin by Esther Baylin.

In loving memory of our beloved auntie Doris Baylin by Lois and Brian Demone, Willowdale, Ontario.

In loving memory of my aunt Doris — a truly beautiful and gentle human being by Julia Baylin-Conway.

Wishing Rabbi Saul Aranov a r'fuah sh'lemah by Jack Baylin.

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In memory of Abe Reef, South Africa, brother of Mr. and Mrs. F. Kaplan, Israel, by Bessie and Sam Teller.

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In memory of Norman Teller by Anna and Ronny Cantor.

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(Continued on next page)

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(Continued from page 24)

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Best wishes to Nathan Diener on his special birthday by Isabel

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In memory of Shari Green's husband, Mtl., by Bella and Harry Leikin.

In memory of Abe Cohen by Bella and Harry Leikin.

In memory of Fred Goldstein, Florida, father of Judy Tratenberg, Springfield, Mass., by Beila and Harry Leikin.

Mazal Tov to Bella and Harry Leikin on Michael's Bar Mitzvah by Allan, Alyce, Michael and Lauren Baker.

BEN AND SHIRLEY LEVIN FUND

In memory of Abe Cohen by Ellen and Lewis Levin.

In memory of Gordon Caplan by Shirley and Ben Levin.

In memory of Maurice Schwartz by Shirley and Ben Levin.

JACK LEVIN AND GOLDIE LEVINE FUND

In memory of Anna Rill by Goldie Levine.

ABRAHAM AND DORA LITHWICK MEMORIAL FUND

Mazal Tov to Mrs. Sarah Green on her special birthday by Minnie and Sam Petigorsky.

IDA AND SIDNEY LITHWICK FUND

Best wishes to Ida Lithwick on her special birthday by Shirley and Joe Levine, Mtl.

IRVING AND ELLEN LITHWICK FUND

Wishing Rabbi Saul Aranov a r'fuah sh'lemah by Ellen Lithwick and family.

Wishing Jack Aaron a r'fuah sh'lemah by Ellen Lithwick.

Best wishes to Sam Morin on his 90th birthday by Ellen Lithwick.

Mazal Tov to Dr. Norton Lithwick on his successful completion as President of the Medica-Legal Society of Toronto by Sheila and Bob Cohen, Willowdale, Ontario.

Mazal Tov to Rona Lithwick and Lanny Wolfe, Willowdale, Ontario, on their engagement by Sheila and Bob Cohen.

In observance of the Yartzheit of our dear father, Irving Lithwick, with fond memories by Norton and Nina; by Vickie and Earle; and by Sheila and

(Continued next page)

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or contact:

Casey Swedlove
 236-5442

Howard Goldberg
 232-7306

Laura Greenberg
 232-7306

Ottawa Jewish Community Foundation

(Continued from page 25)

Bob.

In observance of the Yartzheit of my dear husband, Irving, who passed away on 1st of Tevet, 5749, with memories of 54 years by Ellen Litwick.

**JACK AND DORA
LITWACK
MEMORIAL FUND**

In appreciation to Sam Litwick by Mark Berlin.

In honour of our daughter Judy's graduation from the University of Toronto with a Master Degree in Health Administration by Mom and Dad (Sam and Dora) Litwick.

In observance of the Yartzheit of Jack Litwick, a beloved father, grandfather and great-grandfather, 5th Kislev by Dora and Sam Litwick and family.

**SAMUEL AND LEEMA
MAGIDSON FUND**

In memory of Max Farber by Roslyn and Arnie Kimmel and family.

Best wishes to Mr. Sam Morin on his 90th birthday by Roslyn and Arnie Kimmel and family; and by Leema Magidson and family.

Wishing Rabbi Saul Aranov a r'fuah sh'lemah by Leema Magidson and family.

In memory of Abe Cohen by Leema Magidson and family.

**DAVE, LOUIS AND LAZ
MIRSKY FUND**

In memory of Abe Cohen by Goldie and Elliot Moraff.

**ABRAM AND EDITH
MOLOT MEMORIAL FUND**

Mazal Tov to Sheila and Manny Gluck on the birth of their two grandsons by Maureen and Henry Molot.

Wishing Rabbi Saul Aranov a r'fuah sh'lemah by Maureen and Henry Molot.

In memory of Maurice Schwartz by Maureen and Henry Molot.

In memory of Gordon Caplan by Barbara and Laurence Sugarman.

**TANYA AND MOSES
MORIN FUND**

Wishing a r'fuah sh'lemah to Rabbi Saul Aranov by Tanya, Gertrude, Sydney and Harvey Morin.

**HERBERT AND DOROTHY
NADOLNY FUND**

Mazal Tov to Dorothy and Herb Nadolny on the birth of their grandson by Adele and Bernard Shinder.

**JEAN AND MAX
NAEMARK FUND**

In observance of the Yartzheit of a beloved father and grandfather Shia Naemark by Jean and Max Naemark.

**MOSHE AND MOLLY
NARWA FUND**

In memory of Abe Cohen by Molly Narwa and family.

**PINKAS AND YEHUDIT
NEWMAN
MEMORIAL FUND**

Best wishes for a speedy recovery to Max Sternthal by Marilyn and William Newman.

Best wishes for a speedy recovery to Bernard Shinder by Marilyn and William Newman.

**ABE AND BERTHA
PALMER FUND**

Congratulations to Sunny and John Tavel on their parents being selected as the recipients of the Gilbert Greenberg Distinguished Service Award by

Sandy Marchello.

**BENJAMIN AND BESSIE
POLOWIN
MEMORIAL FUND**

Best wishes for a speedy recovery to Dave Polowin by his sister Ann Polowin.

**NORMAN AND EVELYN
POTETCHIN FUND**

Mazal Tov to Maureen and Dennis Newton on the birth of their granddaughter, Sarah Deborah by Evelyn and Norman Potetchin.

Best wishes for a happy birthday to Judith Wolfe by Evelyn and Norman Potetchin.

**MYRA AND MORRIS
PRESSER FUND**

In memory of Yeshayahu Mordechai Rubin, Israel, father of Dr. Steven Rubin by Myra and Morris Presser.

In memory of mother of David Garmise, Mtl., by Myra and Morris Presser.

In memory of Abe Cohen by Myra and Morris Presser.

In honour of Cynthia Schildkraut's birthday and Cynthia and Jacob Schildkraut's anniversary by Myra and Morris Presser.

Best wishes to Norman Lesh on his special birthday by Myra and Morris Presser.

Mazal Tov to Roz and Steve Fremeth on the Bar Mitzvah of their son by Myra and Morris Presser.

**DAVID AND FREDA
RADNOFF FUND**

Best wishes for a happy birthday to Freda Radnoff by Ruth and Earl Greenberg.

**ETHEL RIVERS
MEMORIAL FUND**

In memory of Maurice Schwartz by Evelyn and Irving Rivers.

Wishing Rabbi Saul Aranov a r'fuah sh'lemah by Evelyn and Irving Rivers.

In memory of Mrs. Rose Abrams, Mtl., mother of Lil Max by Evelyn and Irving Rivers.

Wishing Lil Max a speedy recovery by Evelyn and Irving Rivers.

**JACOB AND LEAH RIVERS
MEMORIAL FUND**

Best wishes to Ben Goldberg for a happy birthday by Goldie and Albert Rivers.

Wishing Ruth Sadava a r'fuah sh'lemah by Goldie and Albert Rivers.

Best wishes to Dr. Lyon Pearlman on his 80th birthday by Goldie and Albert Rivers.

**HERMAN AND ZELDA
ROODMAN FUND**

Wishing Rabbi Saul Aranov a r'fuah sh'lemah by Zelda and Herman Roodman.

**ISADORE AND ROSSIE
ROSE FUND**

In memory of Abe Cohen by Rossie and Issie Rose.

**SAMUEL AND RUTH
ROTHMAN
MEMORIAL FUND**

Mazal Tov to the Premeth Family on the occasion of Adam's Bar Mitzvah by Sue and Steve Rothman and family.

Mazal Tov to the Bellack Family on the occasion of Neil's Bar Mitzvah by Sue and Steve Rothman and family.

In memory of Sybil Derner, North York, by Molly and Morris Berliner; and by Sheldon and Corinne Taylor and family.

**ROY AND HELEN
SAIPE FUND**

In memory of Gordon Caplan by Helen Saipé; and by Geri and Sid Goldstein.

In memory of Goldie Dworkin, Kingston, N.Y. by Geri and Sid Goldstein and family; by Helen Saipé; and by Marcia Saipé Sachs, Dan and Andrew Freed.

**SAMUEL AND LILLIAN
SASLOVE FUND**

Congratulations to Mr. and Mrs. Leonard Cogan on the engagement of their daughter Randi to Sean Kogan by Lil Saslove.

Wishing Rabbi Saul Aranov a r'fuah sh'lemah by Lil Saslove.

**SAM AND DORA
SCHAENFIELD FUND**

Wishing Label Silver a r'fuah sh'lemah by Kathy and Joe Viner; and by Terry and Milton Viner.

**DR. AND MRS. NATHAN
SCHECHTER FUND**

In memory of Doris Baylin by Nathan and Tessa Schechter.

In observance of the Yartzheit of our beloved sister Sadie Cahn, 30 Kislev by Dr. Nathan and Tessa Schechter.

In observance of the Yartzheit of our beloved father Eliezer Schechter, 13 Kislev by Dr. Nathan and Tessa Schechter.

In memory of Alex Barrett by Dr. Nathan and Tessa Schechter.

**CLARE AND MAURICE
SCHWARTZ FUND**

In memory of Maurice Schwartz by The Citromes; by Sylvia Monson; by Shirley Solomon; by Barbara and Len Farber; by Thelma Steinman; by Dody Adler; by Mona and Lawrence Slover; by Sandra and Norman Slover, Carla and David; by Barry Appel; by Toby and Freda Appel; by Marlene and Myron Cherun; by Mona and Myer Bloomfield; by Adele and Bernard Shinder; by Zelma Paley; by Elliott and Judy Hoffman and family; by Larry Litwick and Denise Brissin; by Marion Mintz; by Edna and Seymour Eisenberg; by Goldie and Albert Rivers; by Ellen Litwick and Vicki Weiss; by Alyce, Allan, Michael and Lauren Baker; by Diane Feller; by Sophy and Michael Ginsberg; by Jane Steinberg and George Fisk; by Harry Sheffer; by Mildred Lewis, Florida; by Rose and Sam Edelson; by Rose and Chick Taylor; by Ethel and Irving Taylor; by Clare and Harry Freedman; by Beck Koffman; by Marey and Tony Manne and family; by Ruth Feller; by The Pulvermacher family; and by Carol and Lorry Greenberg.

Wishing Rabbi Saul Aranov a speedy recovery by Clare Schwartz.

In memory of Abe Cohen by The Schwartz Family.

Best wishes to Rabbi Aranov for a r'fuah sh'lemah by Vera and Sam Schwartz.

**HAROLD SHAFFER
MEMORIAL FUND**

In memory of Willie Martin by Rhea Wohl.

In memory of Maurice Schwartz by Frances Shaffer.

**MAX AND DORA
SHENKMAN
MEMORIAL FUND**

Best wishes for a speedy recovery to a special friend

Rabbi Saul Aranov by Joe Shenkman.

**ARNOLD SHINDER
SCHOLARSHIP FUND**

Wishing Bernard Shinder a speedy recovery by Laya and Sol Shabinsky; and by Zelaine and Sol Shinder.

Mazal Tov to Mr. and Mrs. Bert Blevin on the engagement of their daughter Lisa to Paul Filion by Adele and Bernard Shinder.

**SOL AND ZELAINÉ
SHINDER FUND**

Mazal Tov to Mr. and Mrs. Bert Blevin on the engagement of their daughter Lisa to Paul Filion by Zelaine and Sol Shinder.

**SAMUEL AND KATHERINE
SIGLER MEMORIAL FUND**

Wishing Rabbi Saul Aranov a r'fuah sh'lemah by Jules and Barbara Sigler and family.

**LOUIS SLACK
MEMORIAL FUND**

In memory of Rose Abrams, Mtl., by Myra and Lester Aronson and family.

**MOE AND CHARLOTTE
SLACK FUND**

In memory of Maurice Schwartz by Marlene Levine.

In memory of Abe Reef, South Africa, brother of Mrs. Gertie Kantor of Charlotte Slack.

**JACK AND LINDA
SMITH FUND**

Best wishes to Linda Smith on her birthday by Sue and Phil Bronsther.

Wishing Label Silver a r'fuah sh'lemah by Jack and Linda Smith.

Mazal Tov to Mr. and Mrs. Jack Feldberg on the engagement of their son Sam to Lisa by Jack and Linda Smith.

In memory of Maurice Schwartz by Jack and Linda Smith.

In memory of Doris Baylin by Jack and Linda Smith.

In memory of Reuben Brull Mtl., by Jack and Linda Smith.

In memory of Yeshayahu Mordechai Rubin, Israel, father of Dr. Steven Rubin by Jack and Linda Smith.

In memory of Edith Teitelbaum by Jack and Linda Smith.

In memory of Abe Cohen by Jack and Linda Smith.

Best wishes to Rabbi Saul Aranov for a r'fuah sh'lemah by Jack and Linda Smith.

**SOVIET JEWRY
ENDOWMENT FUND**

Mazal Tov and best wishes to Ronit Druxerman on her Bat Mitzvah by Rachelle, Gerry, Joshua and Jodi Koffman.

In memory of Maurice Schwartz by Lynn and Robert Gould.

In memory of Dr. Saul Rochman by Josie and David Finestone.

Wishing Rabbi Saul Aranov a r'fuah sh'lemah by Rachelle and Gerry Koffman.

**LOUIS AND LEAH
STEINBERG
MEMORIAL FUND**

Wishing Claire Kevanstein a r'fuah sh'lemah by Joyce, Jack and Anne Steinberg.

**NATHAN AND THELMA
STEINMAN FUND**

Wishing Rabbi Saul Aranov a r'fuah sh'lemah by Thelma Steinman.

**WILLIAM "BILL"
STEINBERG
MEMORIAL FUND**

Happy birthday to Dad (Ralph Sternberg) by Laya and Ted Jacobsen and children.

In appreciation to Auntie Claire Green, Alberta, by Laya and Ted Jacobsen and family.

In appreciation to Mom and Dad (Ralph and Ann Sternberg) by Laya and Ted Jacobsen and family.

In memory of Judy Rosberg by Laya and Ted Jacobsen.

In appreciation to Rabbi Irwin A. Tanenbaum by Laya and Ted Jacobsen.

In appreciation to our friends at Temple Israel by Laya and Ted Jacobsen.

**SHIRLEY AND DEBORAH
SUGARMAN
MEMORIAL FUND**

In memory of Maurice Schwartz by Barbara and Laurence Sugarman.

**CASEY AND BESS
SWEDLOVE FUND**

Best wishes to Bess and Casey Swedlove on their 50th wedding anniversary by Edna and Saul Goldfarb; by Ibolya and Howard Goldberg; by Rhea and Hyman Jack, London, Ontario; by Laura Greerberg; by Zelaine and Sol Shinder; by Irving and Ethel Taylor; by Libby and Stan Katz; by Jen and Is Shinder; and by Rose Fleisher.

**ARCHIE AND LILLIAN
TALLER FUND**

Best wishes to Sol Kaiman on his birthday by Lillian and Archie Teller.

Wishing Elizabeth Roodman well by Lillian and Archie Teller.

Best wishes to Mrs. Esther Ross on her special birthday by Lillian and Archie Teller.

**JAY B. TALLER
MEMORIAL FUND**

In memory of Yeshayahu Mordechai Rubin, Israel, father of Dr. Steven Rubin, by Sally and Morton Teller.

Wishing Mrs. Elizabeth Roodman well by Anne and Sam Teller.

In memory of Maurice Schwartz by Anne and Sam Teller.

**CHARLES AND RAE
TAVEL MEMORIAL FUND**

Best wishes to Mr. and Mrs. Ken Weil, New Jersey, on the birth of Ryan Howard by Lillian and Horace Philipp.

In honour of Mr. Sam Morin on his 90th birthday by Lillian and Horace Philipp.

In memory of Abe Cohen by Lillian and Horace Philipp.

**MOSES, CHENYA AND
HENRY TORONTOW
ENDOWMENT FUND**

In observance of the Yartzheit of a beloved father and grandfather Moses Torontow by Jean and Max Naemark.

Best wishes to Ruth and Joe

(Continued next page)

(Continued from page 26)

Viner on their special birthdays by Diana and Alvin Malomet.

WASERMAN FAMILY FUND

Wishing Henry Feller a r'fuah sh'lemah by Nat and Phyllis Wasserman.

HARRY AND RAE WEIDMAN MEMORIAL FUND

Wishing Rabbi Saul Aranov a speedy recovery by Mrs. Morris Taller.

In memory of Abe Cohen by Roslyn, Myles, Jodi and Julia Taller.

In memory of Fred Goldstein, Florida, father of Judy Tratenberg by Roslyn and Myles Taller.

Best wishes to Sarah Green on her special birthday by Roslyn and Myles Taller.

MIRIAM AND LOUIS WEINER FUND

In memory of Abe Cohen by Miriam and Louis Weiner.

JOSEPH AND SONIA WEINSTEIN MEMORIAL FUND

In memory of Abe Cohen by Millie and Percy Weinstein.

Wishing Rabbi Saul Aranov a r'fuah sh'lemah by Millie and Percy Weinstein.

Best wishes to Mr. and Mrs. Jack Lobel on their anniversary by Yetta and Larry Arron.

HYMIE WHITZMAN MEMORIAL FUND

Best wishes for a r'fuah sh'lemah to Rabbi Saul Aranov by Judie and Fred Ross, David and Dean.

Best wishes to Rabbi Arnold Fine for a r'fuah sh'lemah by Judie and Fred Ross, David and Dean.

In memory of Reuben Bruli, Mtl., by Dr. and Mrs. Fred Ross.

MORRIS AND MARIETTE WOOLFSON FUND

Best wishes to Mr. Sam Morin on his 90th birthday by Mariette and Morris Woolfson.

In memory of Maurice Schwartz by Mariette and Morris Woolfson.

Mazal Tov to Mr. and Mrs.

Gerald Snyder on the birth of their granddaughter Rivka by Jacob and David Gordon.

Mazal Tov to Mr. and Mrs. Morris Woolfson on the birth of their great-granddaughter by Ellen Lithwick.

SAM AND HELENE ZARET FUND

In memory of Doris Baylin by Helene Zaret.

In memory of Mr. Aronson, Mtl., father of Michael Aronson by Debi and Neil Zaret.

Best wishes to Dr. Syd Kronick on his birthday by Helene Zaret.

NATHAN, DAVID AND MAX ZELIKOVITZ FAMILIES FUND

Best wishes to Mr. Max Zelikovitz on his special birthday by Cathy and Stanley Levine.

SANDRA AND SAM ZUNDER FUND

In memory of Maurice Schwartz by Sandra and Sam Zunder.

In memory of Abe Cohen by Sandra and Sam Zunder. Congratulations to Nap Kapinsky on his 80th birthday by Sam and Sandra Zunder.

Contributions may be made by phoning Howard Greenberg at 232-7306, Monday to Friday 10-4. Attractive cards are sent to convey the appropriate sentiments. All donations are acknowledged with an official receipt for income tax purposes. WE ACCEPT VISA.



Introducing Ottawa Hadassah-WIZO Council Executive

The new executive of Ottawa Hadassah-WIZO took office for 1990-1992 at the June Installation. Seated, left to right: Terry Schwarzfeld, vice president; Rhona Levine, vice president; Marion Mayman, president; Beverly Swedko, immediate past president; Sandy Bennett, vice president. Standing, left to right: Donna Dolansky, financial secretary; Paula Silver, recording secretary; Debbie Baylin, treasurer; Miriam Silvert, corresponding secretary.

Prominent Israeli author will speak at Temple Israel Jan. 6

Prominent Israeli author/journalist Haim Chertok will speak on 'The Russification of Israel' on Sunday, January 6, at 8:00 p.m. at Temple Israel, 1301 Prince of Wales Dr.

The evening is being held under the joint sponsorship of the Jewish Community Council, the Jewish Community

Centre and the Israel Program Centre.

Born and educated in New York City, Chertok did post-graduate work at Brown University and the University of Pennsylvania. He has taught in the United States at Fordham University, the University of Maryland, Berkeley University and West Hills College in California, California.



Haim Chertok

Made aliyah in 1976 he and his family made aliyah, settling in the small (7,000 pop.) development town of Yeroham in the Negev.

Since emigrating to Israel he has taught at Ben-Gurion University and has been a frequent contributor to *The Jerusalem Post* and journals such as *Judaism*, *Tikkun*, *Moment*, *Present Tense*, *Hadassah*, *Commentary* and *Midstream*.

His recent books include *Stealing Home* and *We Are All Close*, both of which were reviewed in the *Bulletin*.

Stealing Home was awarded the National Jewish Book Award as the best book published in Israel in 1989. His latest book, which will be published shortly, deals with the life of Dr. Moshe Prywes. Chertok is well qualified to

speak on "The Russification of Israel" as he has been active in assisting Soviet Jews to settle in Yeroham.

Chertok will describe the general impact this exodus is having on Israel and will give a detailed account of the experiences he and his wife, Marcia, have had in helping the Soviet Jews settle in their town. The writer feels that the mass emigration is the most challenging and best thing that has happened in Israel since his arrival in 1976.

For further information call Paula or Reuben at 238-1818. The community is invited to attend.

In Appreciation

Words cannot adequately express my grateful appreciation to so many relatives and friends who contributed so generously to so many worthwhile and important charitable causes, institutions and congregations on the occasion of my 80th birthday.

May you all be blessed with good health and long life. Sincerely,

Nap Kapinsky


Book examines Jewish press

A major, unmined treasure of Canadiana is brought to light in *A Century of the Canadian Jewish Press: 1880s-1980s*, has just been published by Borealis Press of Ottawa.

Author Lewis Levendel relates the story of colourful pioneer publishers and editors, and highlights some of the finest journalism and commentary found in these publications from 1887.

The Toronto writer presents examples of Jewish press viewpoints on Canadian issues and events, as well as critical evaluations of these publications. He travelled across the country to undertake research to conduct interviews.

The 556-page book made up of 20 chapters, 10 pages of photographs, a selected bibliography and an index, not only tells the story of the English-language publications, but chronicles the Yiddish press which flourished in the first decades of the century. As well, there are sections on French, Hungarian, Hebrew and Russian-language publications.



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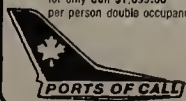
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Call (613) 238-2400 Marilyn Taller Wasserman, Martin Taller.



Community Calendar

The following information is taken from the community calendar maintained by the Women's Federation of the Jewish Community Council. Organizations who would like their events to be listed, no matter where they are to be held, should make sure they are recorded by advising Howard Goldberg, Calendar Coordinator at 232-7306 between 10 a.m. and 4 p.m. Accurate details must be provided on the Community Calendar Organization Forms sent to every communal organization.

Monday, December 17

Golden Age Club Hanukkah Program, Assembly Hall, J.C.C., 151 Chapel St., 12:30 p.m.

Tuesday, December 18

Machzikei Hadas Sisterhood General Meeting, Guest Speaker: Ian Kagedan "The Miracles of Hanukkah and Their Message of Modern Times," 2310 Virginia Dr., 8:00 p.m.

Jewish Community Centre Bet Chavura Drop-In Diner, Social Hall J.C.C., 151 Chapel St., 12:00 p.m.; Public Health Nurse present, Drop-In Program, Adult Lounge J.C.C., 151 Chapel St., 1:30 p.m.

Jewish Community Centre Israeli Folk Dancing, J.C.C., 151 Chapel St., 7:00 p.m.

Sunday, December 23

Network (Jewish Singles) Brunch, 2310 Virginia Dr., 11:30 a.m.

Connection 20/30 Wine and Cheese Party.

Monday, December 24

Golden Age Club, Movie Day, Assembly Hall, J.C.C., 151 Chapel St., 1:30 p.m.

Tuesday, December 25

Jewish Community Centre Bet Chavura Drop-In Diner, Social Hall J.C.C., 151 Chapel St., 12:00 p.m.; Drop-In Program Adult Lounge J.C.C., 151 Chapel St., 1:30 p.m.

Connection 20/30 House Party, 5:00 p.m.

Monday, December 31

Golden Age Club — No Meeting.

Tuesday, January 1

No Bet Chavura Drop-In Diner or Drop-In Centre Program.

Wednesday, January 2

N.C.S.Y. Ski Day, Juniors and Seniors, Camp Fortune, 9:00 a.m.-4:00 p.m.

Sunday, January 6

Jewish Community Centre Sunday Club, J.C.C., 151 Chapel St., 2:30 p.m.-5:00 p.m.

Israel Program Centre, Guest Speaker: Chaim Chertok, Temple Israel, 1301 Prince of Wales Dr., 8:00 p.m.

Monday, January 7

Jewish Community Centre Golden Age Club Meeting, "How the GST Affects You," Social Hall, J.C.C., 151 Chapel St., 1:00 p.m.

Tuesday, January 8

Jewish Community Centre Bet Chavura Drop-In Diner, Social Hall, J.C.C., 151 Chapel St., 12:00 p.m.; Drop-In Program, Adult Lounge J.C.C., 151 Chapel St., 1:30 p.m.

B'nai Brith Canada Co-ordinating Committee National Capital Region, 151 Chapel St., 7:30 p.m.

Jewish Community Centre Israeli Folk Dancing, Gymnasium, 881 Broadview Ave., 7:00 p.m.-10:15 p.m.

Wednesday, January 9

Ottawa Hadassah-WIZO Tikvah Chapter Financial Planning Seminar, 2181 Quinn Cres., 7:30 p.m.

Agudath Israel Sisterhood Canadian Public Affairs Program, 1400 Coldrey Ave., 1:30 p.m.

Thursday, January 10

Adults for Lively Leisure, Guest Speaker: Margaret Lewis, Topic: "Grandparents Rights," Agudath Israel, 1400 Coldrey Ave., 12:30 p.m.

Sunday, January 13

Jewish Community Centre Sunday Club, J.C.C., 151 Chapel St., 2:30 p.m.-5:00 p.m.

Monday, January 14

Jewish Community Centre Golden Age Club Bingo Luncheon, Social Hall, J.C.C., 151 Chapel St., 12:30 p.m.

Shalom Ottawa Newcomers Coffee Party, 151 Chapel St., 8:00 p.m.

Tuesday, January 15

Jewish Community Centre Bet Chavura Drop-In Diner, Social Hall J.C.C., 151 Chapel St., 12:00 p.m.; Public Health Nurse present, Drop-In Program, Adult Lounge J.C.C., 151 Chapel St., 1:30 p.m.

Young Leadership Program, Program: Histocom.

Jewish Community Centre Israeli Folk Dancing, Gymnasium, 881 Broadview Ave., 7:00 p.m.-10:15 p.m.

For Bulletin Deadlines
(See page 10)

March 1 deadline

Weizmann program open to top science students

The International Summer Science Institute at the Weizmann Institute in Rehovot, Israel, is open to exceptional science students who have graduated from high school by June 1991.

This program allows some 75 outstanding science oriented students from Europe, North and South America and Israel, to focus on current research projects working with sophisticated scientific instrumentation.

Laboratory work is supplemented with lectures given by senior Institute scientists.

Up to seven Canadian students will be selected from those applying. Most promising applicants are personally interviewed by members of the Society's Scientific Advisory Council.

The program which is presented in English, will run from July 3 to August 4, 1991.

The application deadline is March 1st.

Fee for the program is \$2450.00 U.S. This includes room and board, tuition and tours, but does not include air fare to and from Israel.

For applications, or further information, contact the Canadian Society for the Weizmann Institute of Science, Ottawa (613) 236-3391, Montreal (514) 481-0466 Toronto (416) 733-9220.

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Shabbat Candlelighting

December 14 — 4:01 p.m.
December 21 — 4:04 p.m.
December 28 — 4:08 p.m.
January 4 — 4:14 p.m.
January 11 — 4:22 p.m.

Second Class Mail
Registration No. 4544

Condolences

Condolences are extended to the families of:
Nat Edelstein
Leah Flatt
Robert (Reuven) Singer, Mtl.
(father of Emanuel)
May their memories be a blessing.

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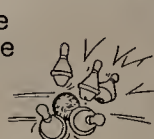
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